

**INVITATION**  
**Variopool Amsterdam Diving Cup**  
**2013**  
**APRIL 18 – APRIL 21, 2013**



Dear diving friends,

The organisation committee of the Variopool ADC2013 is pleased to invite you to the International Diving Meet (Variopool Amsterdam Diving Cup) which will be held in Amsterdam, Capital of the Netherlands.

Enclosed you will find the General Information, Rules and Entry Forms for this event.

**Venue:** Sloterparkbad Amsterdam  
President Allendelaan 3  
1064 GW Amsterdam

Indoor pool with two 1m and two 3m Maxiflex – C – springboards  
and 3m, 5m, 7 ½ m and 10m platforms

**Age groups:** **B** male and female: 1996/1997  
**A** male and female: 1993/1994/1995  
**Open**, male and female: all age groups, a limited d.d. is requested.  
Younger participants can take part in events of age group B, (according to the FINA rules).

**Events:**

Age groups:	1 m	(preliminaries and finals)
	3 m	(preliminaries and finals)
	3 m synchro A/B	(preliminaries and finals)
	Platform	(preliminaries and finals)
Open group:	1 m	(finals)
	3 m	(finals)
	3 m synchro	(finals)
	Platform	(finals)

**Training:** Wednesday, April 17<sup>th</sup>, 10.00 – 12.00 hours, 14.00 – 17.00 hours

**Competition:** Thursday, April 18<sup>th</sup> – Sunday, April 21<sup>th</sup>

**Accommodation:** We can offer you accommodation in the Tournament Hotel (3 star)  
nearby the diving pool (app. 15 minutes walk)

Remco Hotel Amsterdam City West  
Reimerswaalstraat 5  
1069 AE Amsterdam  
Tel +31-204108000 / Fax +31-204108030  
<http://www.hacw.nl>

If preferred there are also apartments available on a multi-persons sharing basis, pricing, location and all other details are available upon request by sending an email to [adc-amsterdam@hotmail.com](mailto:adc-amsterdam@hotmail.com) with your questions.

For other category accommodation please contact the Amsterdam Tourist Board.  
Contact details are available from <http://www.iamsterdam.com/en/visiting>

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**Competitions:**

**1 meter**

Serie 1:	B girls	( 5 + 3)	open for C group
Serie 2:	B boys	( 5 + 4)	open for C group
Serie 3:	A girls	( 5 + 4)	
Serie 4:	A boys	( 5 + 5)	
Serie 5:	All in women	( 5 dives selected from 5 groups, min. dd. 10.6 pnts.)	
Serie 6:	All in men	( 6 dives selected from 5 groups, min. dd. 13.5 pnts.)	

**3 meter**

Serie 7:	B girls	( 5 + 3)	open for C group
Serie 8:	B boys	( 5 + 4)	open for C group
Serie 9:	A girls	( 5 + 4)	
Serie 10:	A boys	( 5 + 5)	
Serie 11:	All in women	( 5 dives selected from 5 groups, min. dd. 10.3 pnts.)	
Serie 12:	All in men	( 6 dives selected from 5 groups, min. dd. 14.0 pnts.)	

**Platform**

Serie 13:	B girls	( 4 + 3)	open for C group
Serie 14:	B boys	( 4 + 4)	open for C group
Serie 15:	A girls	( 4 + 4)	
Serie 16:	A boys	( 4 + 5)	
Serie 17:	All in women	10m ( 5 dives selected from 5 groups)	
Serie 18:	All in men	10m ( 6 dives selected from 6 groups)	

**Synchro 3m**

Serie 19:	A/B girls	( 2 + 3, according to FINA)
Serie 20:	A/B boys	( 2 + 3, according to FINA)
Serie 21:	All in women	( 2 + 3, according to FINA)
Serie 22:	All in men	( 2 + 4, according to FINA)

**Awards:**

Victory ceremonies will be held at the end of each event. All final participants will get a diploma. Medals and special prizes will be presented to the first, second and third place of each individual event and synchronized-events.

The 'Variopool Amsterdam Diving Cup' is awarded to the winning team.



- Lunch and Dinner:** Lunch and Dinner will be served in the Pool Restaurant.  
Lunch: € 7,50  
Dinner: € 15,00
- Farewell Dinner:** The Farewell Party will take place, at Sunday evening, including Dinner.  
Costs: € 20,--
- Transportation:** Transport from / to the Amsterdam Airport Schiphol will be provided.
- Entry Fee:** € 15,- per diver per event.  
€ 20,- per pair for the synchronized event.
- Entry Forms:** **Final Entry Form** must be returned to the Variopool ADC organizing committee until March 18<sup>st</sup>., 2013.
- Hotel Reservation:** Hotel reservation at: <http://www.hacw.nl>  
**Use the access code and use code DOLPHIN to receive the tournament 5% discount.**
- Payment:** You will receive an invoice after return of your Final Entry Form.  
Payment of the full amount must be made by April 1<sup>st</sup> , 2013 by wire transfer in EURO within the terms indicated on the Team Booking Form.  
**Hotel payment directly to the hotel Remco Hotel Amsterdam City West.**
- Diving Sheets:** The diving sheets will be exclusively filled in through DiveRecorder. You will get all information regarding the procedure after receipt of the Entry Form.
- Judges:** Each Federation may nominate one or two diving judges.
- VISA:** Citizens of countries requiring an entry visa to The Netherlands are requested to contact us as soon as possible for an official invitation. In order to avoid problems of administrative nature when requesting a visa, please contact the Dutch Embassies or Consular Authorities within your country in due time before your planned stay in The Netherlands.
- Secretariat:** [adc-amsterdam@hotmail.com](mailto:adc-amsterdam@hotmail.com)
- Contact:** Carola Vork: +31 618813024  
Heymen Westerveld: +31 654780397
- All information regarding the hotel and competition will be soon available at:  
[www.dedolfijn.com](http://www.dedolfijn.com)

We remain at your disposal for any request you may have and we are looking forward to meet you in Amsterdam.

Best regards,

Heymen Westerveld  
Chairman of the Variopool Amsterdam Diving Cup 2013