

**Svenska Simförbundet**  
**MASTERSREKORD i simning - 25m / Short Course**  
**Lagkapper/Relay**

2020-05-19

**HERRAR/MEN**

**4x50m frisim/free**

100-119	SK Neptun	1:31.91	2015-03-21
120-159	Upsala S	1:33.51	1999-03-20
160-199	SK Neptun	1:37.46	2014-03-15
200-239	SK Neptun	1:42.33	2015-03-21
240-279	Göteborg Sim	1:49.37	2017-03-25
280-319	SolK Hellas	2:02.89	2008-03-09
320-359	Hellas SK	2:30.87	2017-03-25

**4x100m frisim/free**

100-119			
120-159			
160-199	Stockholm Dolphins SC	5:38.57	2017-05-29
200-239			
240-279			
280-319			
320-359			

**4x200m frisim/free**

100-119			
120-159			
160-199			
200-239	Södertälje SS	9:47.63	2020-02-15
240-279			
280-319	Hellas SK	12:11.03	2014-02-22
320-359			

**4x50m medley**

100-119	SK Neptun	1:40.82	2013-03-17
120-159	SK Neptun	1:39.28	2015-03-22
160-199	SS 04	1:48.25	2015-03-22
200-239	SK Neptun	1:53.46	2017-03-26
240-279	Göteborg Sim	2:01.71	2016-05-08
280-319	SolK Hellas	2:21.30	2008-03-09
320-359	Hellas SK	2:59.67	2015-03-22

**4x100m medley**

100-119			
120-159			
160-199	Stockholm Dolphins SC	5:55.31	2017-05-28
200-239			
240-279			
280-319			
320-359			

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**DAMER**

**4x50m frisim**

100-119	Lidingö SK	1:48.87	2018-03-24
120-159	Malmö KK	1:51.56	2010-03-20
160-199	Helsingborg SS	1:49.10	2016-05-07
200-239	Täby Sim	1:59.25	2019-03-23
240-279	Danderyds Sim	2:08.58	2018-03-24
280-319	SolK Hellas	2:42.44	2001-03-15
320-359	SolK Hellas	3:05.64	2007-03-24

**4x100m frisim/free**

100-119			
120-159	Malmö KK	4:11.75	2015-03-07
160-199			
200-239			
240-279			
280-319			
320-359			

**4x200m frisim/free**

100-119			
120-159			
160-199			
200-239			
240-279			
280-319			
320-359			

**4x50m medley**

100-119	Lidingö SK	2:00.18	2018-03-25
120-159	Malmö KK	2:01.86	2016-05-08
160-199	Helsingborgs SS	2:00.84	2016-05-08
200-239	Varberg Sim	2:15.39	2016-05-08
240-279	Täby Sim	2:40.11	2018-03-25
280-319	SolK Hellas	2:59.82	2008-03-09
320-359	SolK Hellas	3:52.52	2007-03-25

**4x100m medley**

100-119			
120-159			
160-199	Malmö KK	4:43.73	2015-01-10
200-239			
240-279			
280-319			
320-359			

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**MIXED**

**4x50m frisim/free**

100-119	Södertälje SS	1:43.83	1997-03-15
120-159	Linköpings ASS	1:42.93	2015-03-21
160-199	Täby Sim	1:44.28	2007-03-24
200-239	Göteborg Sim	1:47.58	2018-03-24
240-279	Täby Sim	2:00.38	2018-03-24
280-319	Stockholmspolisens IF SF	2:21.74	2018-03-24
320-359	SolK Hellas	2:52.81	2007-03-24

**4x100m frisim/free**

100-119			
120-159	Malmö KK	4:13.45	2015-01-10
160-199	Malmö KK	4:44.79	2015-01-10
200-239			
240-279			
280-319			
320-359			

**4x200m frisim/free**

100-119			
120-159	Malmö KK	8:59.82	2015-03-07
160-199			
200-239			
240-279			
280-319			
320-359			

**4x50m medley**

100-119	Södertälje SS	1:55.07	1997-03-15
120-159	Lidingö SK	1:54.87	2017-03-25
160-199	SK Neptun	1:56.03	2015-03-21
200-239	Täby Sim	2:01.00	2016-05-07
240-279	Göteborg Sim	2:10.74	2019-03-23
280-319	Stockholmspolisens IF SF	2:37.09	2017-03-25
320-359	SolK Hellas	3:32.31	2007-03-24

**4x100m medley**

100-119			
120-159			
160-199	Malmö KK	4:34.36	2015-01-10
200-239			
240-279			
280-319			
320-359			