

NORDISKA MASTERSREKORD

Lag/Relay 25m Short Course

2020-03-24

HERRAR/MEN

4x50m frisim/free

| | | | | |
|---------|---------------|---------|------------|-----|
| 100-119 | U.S.G. | 1:31.30 | 2009-11-07 | DEN |
| 120-159 | Upsala SS | 1:33.51 | 1999-03-20 | SWE |
| 160-199 | Lahden Kaleva | 1:33.91 | 2009-03-28 | FIN |
| 200-239 | IL Varg | 1:39.59 | 2016-04-09 | NOR |
| 240-279 | Göteborg Sim | 1:49.67 | 2017-03-25 | SWE |
| 280-319 | SolK Hellas | 2:02.89 | 2008-03-09 | SWE |
| 320-359 | Hellas SK | 2:30.87 | 2017-03-25 | SWE |

4x100m frisim/free

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|---------|----------------------|---------|------------|-----|
| 100-119 | Farum SK | 3:27.00 | 2016-05-22 | DEN |
| 120-159 | U.S.G. | 3:33.82 | 2010-01-16 | DEN |
| 160-199 | Sigma Swim | 3:33.54 | 2015-03-07 | DEN |
| 200-239 | Sigma Swim | 3:47.10 | 2020-03-07 | DEN |
| 240-279 | Gentofte Svømme Klub | 4:28.37 | 2020-03-07 | DEN |
| 280-319 | SWIM | 5:57.97 | 2015-03-29 | FIN |
| 320-359 | | | | |

4x200m frisim/free

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|---------|----------------------|----------|------------|-----|
| 100-119 | Farum SK | 7:40.90 | 2016-05-22 | DEN |
| 120-159 | U.S.G. | 8:36.22 | 2013-03-09 | DEN |
| 160-199 | Sigma | 7:52.58 | 2016-03-12 | DEN |
| 200-239 | IL Varg | 8:14.56 | 2020-01-26 | NOR |
| 240-279 | Gentofte Svømme Klub | 9:54.12 | 2020-03-07 | DEN |
| 280-319 | Hellas SK | 12:11.03 | 2014-02-22 | SWE |
| 320-359 | | | | |

4x50m medley

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|---------|---------------|---------|------------|-----|
| 100-119 | SK Neptun | 1:40.82 | 2013-03-17 | SWE |
| 120-159 | SK Neptun | 1:39.28 | 2015-03-22 | SWE |
| 160-199 | Lahden Kaleva | 1:45.70 | 2009-03-29 | FIN |
| 200-239 | IL Varg | 1:50.71 | 2016-04-08 | NOR |
| 240-279 | Göteborg Sim | 2:01.71 | 2016-05-08 | SWE |
| 280-319 | SolK Hellas | 2:21.36 | 2008-03-09 | SWE |
| 320-359 | Hellas SK | 2:59.67 | 2015-03-22 | SWE |

4x100m medley

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|---------|----------------------|---------|------------|-----|
| 100-119 | Swimming Jyväskylä | 3:53.16 | 2016-03-13 | FIN |
| 120-159 | Sigma Swim | 4:04.50 | 2017-03-11 | DEN |
| 160-199 | Esbjerg Svømmeklub | 4:08.99 | 2016-11-19 | DEN |
| 200-239 | IL Varg | 4:16.02 | 2020-01-24 | NOR |
| 240-279 | Gentofte Svømme Klub | 5:10.11 | 2020-03-07 | DEN |
| 280-319 | Cetus | 7:12.24 | 2012-04-01 | FIN |
| 320-359 | | | | |

NORDISKA MASTERSREKORD

Lag/Relay 25m Short Course

2020-03-24

DAMER/WOMEN

4x50m frisim/free

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|---------|-----------------|---------|------------|-----|
| 100-119 | Kvik Kastруп | 1:47.37 | 2003-11-01 | DEN |
| 120-159 | Kvik Kastруп | 1:50.69 | 2012-11-03 | DEN |
| 160-199 | Helsingborgs SS | 1:49.10 | 2016-05-07 | SWE |
| 200-239 | Masør | 1:56.98 | 2019-03-09 | NOR |
| 240-279 | Danderyds Sim | 2:08.58 | 2018-03-24 | SWE |
| 280-319 | SolK Hellas | 2:42.44 | 2001-03-15 | SWE |
| 320-359 | SolK Hellas | 3:05.64 | 2007-03-24 | SWE |

4x100m frisim/free

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|---------|-------------------|---------|------------|-----|
| 100-119 | U.S.G. | 4:05.93 | 2016-03-13 | DEN |
| 120-159 | Køge Svømmklub | 4:09.71 | 2017-03-11 | DEN |
| 160-199 | Masør | 4:19.37 | 2014-03-23 | NOR |
| 200-239 | Næstved IF | 4:41.05 | 2014-03-08 | DEN |
| 240-279 | Swim Team Tåstrup | 5:43.44 | 2020-03-07 | DEN |
| 280-319 | Hovedstaden | 7:10.49 | 2020-03-07 | DEN |
| 320-359 | | | | |

4x200m frisim/free

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|---------|------------|----------|------------|-----|
| 100-119 | KU | 9:11.08 | 2020-03-07 | DEN |
| 120-159 | Sigma Swim | 9:54.83 | 2019-03-16 | DEN |
| 160-199 | Masør | 9:23.02 | 2014-03-23 | NOR |
| 200-239 | Sigma Swim | 10:18.43 | 2020-03-07 | DEN |
| 240-279 | Korsør | 13:30.61 | 2016-03-12 | DEN |
| 280-319 | | | | |
| 320-359 | | | | |

4x50m medley

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|---------|-----------------|---------|------------|-----|
| 100-119 | Kvik Kastруп | 1:59.75 | 2003-11-01 | DEN |
| 120-159 | Lambertseter | 1:59.09 | 2008-04-04 | NOR |
| 160-199 | Helsingborgs SS | 2:00.84 | 2016-05-08 | SWE |
| 200-239 | Masør | 2:08.77 | 2019-03-08 | NOR |
| 240-279 | Göteborg Sim | 2:10.74 | 2019-03-23 | SWE |
| 280-319 | SolK Hellas | 2:59.82 | 2008-03-09 | SWE |
| 320-359 | SolK Hellas | 3:52.52 | 2007-03-25 | SWE |

4x100m medley

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|---------|-------------------|---------|------------|-----|
| 100-119 | KU | 4:39.25 | 2020-03-07 | DEN |
| 120-159 | Master Sørlandet | 4:50.49 | 2012-05-13 | NOR |
| 160-199 | Masters Sørlandet | 4:37.41 | 2016-04-15 | NOR |
| 200-239 | Næstved IF | 5:14.01 | 2015-01-10 | DEN |
| 240-279 | Swim Team Tåstrup | 6:45.58 | 2020-03-07 | DEN |
| 280-319 | | | | |
| 320-359 | | | | |

NORDISKA MASTERSREKORD

Lag/Relay 25m Short Course

2020-03-24

MIXED

4x50m frsim/free

| | | | | |
|---------|--------------------------|---------|------------|-----|
| 100-119 | U.S.G. | 1:40.49 | 2016-03-13 | DEN |
| 120-159 | Linköpings ASS | 1:42.93 | 2015-03-21 | SWE |
| 160-199 | Täby Sim | 1:44.28 | 2007-03-24 | SWE |
| 200-239 | Göteborg Sim | 1:47.58 | 2018-03-24 | SWE |
| 240-279 | BOM | 1:58.79 | 2019-03-10 | NOR |
| 280-319 | Stockholmspolisens IF SF | 2:21.74 | 2018-03-24 | SWE |
| 320-359 | SolK Hellas | 2:52.81 | 2007-03-24 | SWE |

4x100m frsim/free

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|---------|----------------|---------|------------|-----|
| 100-119 | U.S.G. | 3:51.49 | 2011-03-06 | DEN |
| 120-159 | Malmö KK | 4:13.45 | 2015-01-10 | SWE |
| 160-199 | Køge Svømmklub | 3:58.58 | 2017-03-12 | DEN |
| 200-239 | Gentofte | 4:20.37 | 2015-03-08 | DEN |
| 240-279 | SWIM | 5:47.20 | 2018-03-25 | FIN |
| 280-319 | Hermes Masters | 6:38.37 | 2017-03-12 | DEN |
| 320-359 | | | | |

4x200m frsim/free

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|---------|-------------|----------|------------|-----|
| 100-119 | | | | |
| 120-159 | Malmö KK | 8:59.82 | 2015-03-07 | SWE |
| 160-199 | Sigma Swim | 9:06.17 | 2015-03-07 | DEN |
| 200-239 | Sigma Swim | 9:45.78 | 2018-03-10 | DEN |
| 240-279 | Vordingborg | 12:46.47 | 2015-03-07 | DEN |
| 280-319 | | | | |
| 320-359 | | | | |

4x50m medley

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|---------|--------------------------|---------|------------|-----|
| 100-119 | Swimming Jyväskylä | 1:51.02 | 2017-03-17 | FIN |
| 120-159 | Lidingö SK | 1:54.87 | 2017-03-25 | SWE |
| 160-199 | SK Neptun | 1:56.03 | 2015-03-21 | SWE |
| 200-239 | Täby Sim | 2:01.00 | 2016-05-07 | SWE |
| 240-279 | Swim Team Tåstrup | 2:12.34 | 2016-01-16 | DEN |
| 280-319 | Stockholmspolisens IF SF | 2:37.09 | 2017-03-25 | SWE |
| 320-359 | SolK Hellas | 3:32.31 | 2007-03-24 | SWE |

4x100m medley

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|---------|-------------------|---------|------------|-----|
| 100-119 | U.S.G. | 4:10.28 | 2016-03-12 | DEN |
| 120-159 | Sigma Swim | 4:33.19 | 2015-03-07 | DEN |
| 160-199 | Sigma | 4:30.89 | 2017-01-14 | DEN |
| 200-239 | Sigma Swim | 4:51.38 | 2019-03-16 | DEN |
| 240-279 | Lyngby | 6:11.21 | 2010-01-16 | DEN |
| 280-319 | Swim Team Tåstrup | 7:24.35 | 2012-04-14 | DEN |
| 320-359 | | | | |