

## MASTERSREKORD i simning - 50m/Long Course

## Damer

## 50m frisim/free

25-29	Lina Petersson	Karlskrona SS	27.80	2012-10-06
30-34	Helena Åberg	Helsingborgs SS	27.98	2005-08-20
35-39	Malin Borensjö	Väsby SS	27.61	2016-05-29
40-44	Mia Jonsson	S 71	28.31	2013-09-06
45-49	Anette Philipsson	Linköpings ASS	27.68	2012-06-13
50-54	Anette Philipsson	Linköpings ASS	27.79	2015-08-13
55-59	<b>Maria Norberg</b>	<b>KSLS</b>	<b>29.49</b>	<b>2018-09-04</b>
60-64	Gunilla Rasmuson	Täby Sim	31.02	2017-08-17
65-69	Britt-Marie Axling	Danderyds Sim	32.78	2011-09-09
70-74	Britt-Marie Axling	Danderyds Sim	34.13	2016-05-29
75-79	Kerstin Gjöres	SolK Hellas	38.47	2002-03-30
80-84	Britt Grilli	SolK Hellas	42.14	2009-09-19
85-89	Britt Grilli	Örebro Simallians	48.64	2013-09-06
90-94	Kerstin Gjöres	Örebro Simallians	1:04.79	2017-08-17

## 100m frisim/free

25-29	Therese Mattsson	Väsby SS	1:00.94	2012-10-06
30-34	Ann Christiansen	SolK Hellas	1:01.80	2000-07-31
35-39	Ann Christiansen	SolK Hellas	1:01.25	2001-07-31
40-44	Anna Hammar	Saltsjöbadens IF	1:01.04	2011-06-18
45-49	Anna Hammar	Saltsjöbadens IF	1:01.15	2013-09-05
50-54	Anette Philipsson	Linköpings ASS	1:01.51	2015-08-11
55-59	Gunilla Siljebäck Melin	Västerås SS	1:08.58	2016-05-28
60-64	Gunilla Rasmuson	Täby Sim	1:10.19	2017-11-25
65-69	Britt-Marie Axling	Danderyds Sim	1:16.20	2011-06-18
70-74	Vivi-Ann Johansson	SK Elfsborg	1:24.68	2006-05-06
75-79	Britt Grilli	SolK Hellas	1:32.15	2004-06-04
80-84	Britt Grilli	SolK Hellas	1:39.97	2009-09-18
85-89	Britt Grilli	Örebro Simallians	1:49.00	2013-09-05

## 200m frisim/free

25-29	Ebba Rosenquist	SK Sydsim	2:13.36	2015-11-28
30-34	Ann Christiansen	SolK Hellas	2:13.47	1998-06-20
35-39	Åsa Neij	Jönköpings SS	2:16.77	2010-07-31
40-44	Anna Hammar	Saltsjöbadens IF	2:16.36	2012-06-12
45-49	Susanna Rosén	Ystads SS	2:15.21	2009-09-16
50-54	Anette Philipsson	Linköpings ASS	2:20.36	2015-08-12
55-59	<b>Maria Norberg</b>	<b>KSLS</b>	<b>2:33.95</b>	<b>2018-09-03</b>
60-64	Margareta Rainer	SolK Hellas	2:39.17	2009-08-15
65-69	Margareta Rainer	Gävle SS	2:49.85	2014-08-05
70-74	Vivi-Ann Johansson	SK Elfsborg	3:11.92	2007-08-29
75-79	Britt Grilli	SolK Hellas	3:25.72	2003-08-27
80-84	Britt Grilli	SolK Hellas	3:41.34	2009-05-30
85-89	Britt Grilli	Örebro Simallians	4:06.65	2013-09-03

## MASTERSREKORD i simning - 50m/Long Course

**400m frisim/free**

25-29	Sofi Nygren	Södertälje SS	4:50.29	1997-09-01
30-34	Ann Christiansen	SolK Hellas	4:43.83	1998-06-23
35-39	Åsa Neij	Jönköpings SS	4:41.58	2010-07-31
40-44	Susanna Rosén	Ystads SS	4:49.24	2006-08-10
45-49	Susanna Rosén	Ystads SS	4:45.65	2009-09-18
50-54	Karin Elmberg	Kristianstads SLS	5:16.64	2016-05-28
55-59	Birgitta Appelfeldt-Thylfwe	Blå Sim&Hoppklubb	5:34.81	2012-06-16
60-64	Margareta Rainer	SolK Hellas	5:34.28	2009-08-14
65-69	Margareta Rainer	Gävle SS	5:59.90	2014-08-09
70-74	Vivi-Ann Johansson	SK Elfsborg	6:41.05	2005-08-16
75-79	Britt Grilli	Solk Hellas	7:11.94	2004-06-05
80-84	Britt Grill	SolK Hellas	8:01.42	2009-09-18
85-89	Eva-Britt Widahl	Hellas SK	9:24.39	2011-06-17

**800m frisim/free**

25-29	Sofi Nygren	Södertälje SS	9:53.60	1997-09-01
30-34	Åsa Neij	Södertörns SS	9:40.92	2005-08-16
35-39	Åsa Neij	Jönköpings SS	9:31.56	2010-07-31
40-44	Ulrika Thuné	SK Sydsim	10:17.60	2014-05-10
45-49	Susanna Rosén	Ystads SS	9:43.99	2009-09-15
50-54	Karin Elmberg	Kristianstads SLS	10:50.57	2016-11-18
55-59	Margareta Rainer	SolK Hellas	11:25.41	2005-08-16
60-64	Margareta Rainer	SolK Hellas	11:42.99	2009-09-15
65-69	Margareta Rainer	Gävle SS	12:11.14	2014-08-03
70-74	Vivi-Ann Johansson	SK Elfsborg	13:45.99	2005-08-16
75-79	Britt Grilli	SolK Hellas	14:49.61	2004-06-04
80-84	Britt Grilli	SolK Hellas	16:04.82	2008-10-25
85-89				

**1500m frisim/free**

25-29	Sofie Pettersson	Linköpings ASS	19:35.58	2015-11-27
30-34	Anna-Carin Nordin	IFK Lidingös SK	19:48.04	2004-07-16
35-39	Johanna Zetterström	Norrälje SK	19:37.36	2015-11-27
40-44	Viktoria Gadd	SK Ran	20:03.41	2015-11-27
45-49	Karin Elmberg	Kristianstads SS	20:36.92	2013-11-15
50-54	Karin Elmberg	Kristianstads SS	20:25.06	2015-11-27
55-59	Margareta Rainer	SolK Hellas	21:52.27	2004-07-16
60-64	Margareta Rainer	Gävle SS	23:35.52	2013-11-15
65-69	Margareta Rainer	Gävle SS	24:18.70	2015-11-27
70-74	Barbro Grufman	Hellas SK	31:38.21	2018-10-26

**50m ryggsim/back**

25-29	Therese Mattsson	Väsby SS	32.86	2012-10-06
30-34	Maria Vitazka	Malmö KK	32.94	2010-08-06
35-39	Camilla J-Sponseller	Umeå SS	31.95	2011-06-18
40-44	Camilla J-Sponseller	Umeå SS	32.47	2018-09-07
45-49	Caroline Lindborg	Malmö KK	33.93	2015-06-13
50-54	Caroline Lindborg	Malmö KK	33.78	2016-05-27
55-59	Maria Norberg	KSL	35.97	2018-09-07
60-64	Margit Ohlsson	Stockholmspolisens IF	37.14	2009-09-17
65-69	Margit Ohlsson	Stockholmspolisens IF	37.11	2011-09-07

## MASTERSREKORD i simning - 50m/Long Course

70-74	Margit Ohlsson	Södertörns SS	38.69	2015-10-24
75-79	Kerstin Gjöres	SolK Hellas	46.17	2002-03-29
80-84	Kerstin Gjöres	SolK Hellas	50.98	2007-08-30
85-89	Kerstin Gjöres	SK Nautilus	57.14	2012-06-14
90-94	Kerstin Gjöres	Örebro Simallians	1:06.84	2017-08-20

## 100m ryggsim/back

25-29	Nathalie Larsson	Malmö KK	1:11.74	2013-11-16
30-34	Nathalie Larsson	Malmö KK	1:11.02	2015-06-13
35-39	Camilla J- Sponseller	Växjö SS	1:07.44	2010-08-05
40-44	Camilla J- Sponseller	Umeå SS	1:09.32	2018-09-04
45-49	Anette Philipsson	Linköpings ASS	1:11.97	2012-10-05
50-54	Anette Philipsson	Linköpings ASS	1:12.69	2015-11-27
55-59	Margit Ohlsson	SolK Hellas	1:21.61	2002-03-30
60-64	Margit Ohlsson	Stockholmspolisens IF	1:22.28	2009-09-19
65-69	Margit Ohlsson	Stockholmspolisens IF	1:21.81	2010-08-05
70-74	Margit Ohlsson	Södertörns SS	1:25.20	2015-05-09
75-79	Kerstin Gjöres	SolK Hellas	1:46.94	2002-03-30
80-84	Kerstin Gjöres	SolK Hellas	1:56.36	2009-09-19
85-89	Kerstin Gjöres	SK Nautilus	2:07.47	2012-06-15
90-94	Kerstin Gjöres	Örebro Simallians	2:27.81	2017-08-19

## 200m ryggsim/back

25-29	Annelie Johansson	Västerås SS	2:38.04	1998-08-01
30-34	Annelie Jönsson	Malmö KK	2:34.81	2016-05-28
35-39	Camilla J-Sponseller	Växjö SS	2:26.58	2010-08-01
40-44	Camilla J-Sponseller	Umeå SS	2:32.05	2017-08-15
45-49	Anette Philipsson	Linköpings ASS	2:47.27	2013-11-16
50-54	Caroline Lindborg	Malmö KK	2:45.01	2016-05-28
55-59	Margit Ohlsson	SolK Hellas	2:57.64	2002-03-27
60-64	Margit Ohlsson	Stockholmspolisens IF	3:00.06	2005-08-19
65-69	Margit Ohlsson	Stockholmspolisens IF	3:00.24	2011-09-08
70-74	Margit Ohlsson	Södertörns SS	3:06.24	2015-10-24
75-79	Kerstin Gjöres	SolK Hellas	3:49.80	2002-03-27
80-84	Kerstin Gjöres	SolK Hellas	4:12.13	2009-06-01
85-89	Kerstin Gjöres	SK Nautilus	4:45.60	2012-06-11
90-94	Kerstin Gjöres	Örebro Simallians	6:16.14	2017-08-15

## 50m bröstsim/brest

25-29	Maria Östling	Södertörns SS	34.38	2005-08-17
30-34	Malin Svensson	Malmö KK	35.02	2015-06-13
35-39	Anna-Karin Lundin	Kungälv SS	33.85	2011-06-17
40-44	Anna Hammar	Saltsjöbadens IF	35.05	2012-06-13
45-49	Anna Hammar	Saltsjöbadens IF	35.18	2013-05-18
50-54	Anette Philipsson	Linköpings ASS	37.25	2015-11-27
55-59	A-L Bryngelsson	Stockholmspolisens IF	41.78	2009-10-24
60-64	Gunilla Rasmuson	Täby Sim	41.34	2017-11-24
65-69	Britt-Marie Axling	Danderyds Sim	43.44	2013-11-15
70-74	Bitte Axling	Danderyds Sim	46.01	2017-08-20
75-79	Barbro Thörnelöf	SolK Hellas	1:01.07	2003-08-27
80-84	Ulla-Britt Öberg	SK Neptun	56.29	2014-11-28
85-89	Barbro Thörnelöf	SK Nautilus	1:17.84	2012-06-13

## MASTERSREKORD i simning - 50m/Long Course

## 100m bröstsim/breast

25-29	Sara Larsson	Ludvika SS	1:15.28	2009-08-15
30-34	Annelie Jönsson	Malmö KK	1:16.39	2016-05-27
35-39	Anna-Karin Lundin	Kungälv SS	1:14.84	2011-06-18
40-44	Anna Hammar	Saltsjöbadens IF	1:19.49	2012-10-06
45-49	Anna Hammar	Saltsjöbadens IF	1:18.21	2013-09-04
50-54	Anna-Karin Josefson	Varbergs Sim	1:26.15	2014-08-04
55-59	A-L Bryngelsson	Stockholmspolisens IF	1:32.19	2010-08-01
60-64	Margareta Rainer	SolK Hellas	1:37.35	2009-09-17
65-69	Margareta Rainer	Gävle SS	1:41.70	2014-08-04
70-74	Anita Karlsson	Uppsala Masterklubb	2:12.67	2013-10-04
75-79	Barbro Thörnelöf	SolK Hellas	2:20.26	2003-08-28
80-84	Barbro Thörnelöf	SolK Hellas	2:35.61	2008-04-19
85-89	Barbro Thörnelöf	SK Nautilus	2:55.56	2012-06-11

## 200m bröstsim/breast

25-29	Sara Larsson	Ludvika SS	2:45.27	2009-08-15
30-34	Annelie Jönsson	Malmö KK	2:46.03	2015-06-13
35-39	Anna-Karin Lundin	SK Neptun	2:48.37	2012-06-15
40-44	Anna Hammar	Saltsjöbadens IF	2:50.47	2012-06-15
45-49	<b>Britt-Marie Nilsson</b>	<b>SK Sydsim</b>	<b>3:08.50</b>	<b>2018-09-04</b>
50-54	Anna-Karin Josefson	Varberg Sim	3:14.85	2014-11-29
55-59	Margareta Rainer	SolK Hellas	3:26.50	2006-08-09
60-64	Margareta Rainer	SolK Hellas	3:31.86	2009-09-19
65-69	Margareta Rainer	Gävle SS	3:37.03	2014-08-08
70-74	Barbro Thörnelöf	SolK Hellas	4:46.81	1997-09-01
75-79	Barbro Thörnelöf	SolK Hellas	5:03.37	2002-03-26

## 50m fjärilsim/fly

25-29	Lina Petersson	Karlskrona SS	29.18	2012-10-06
30-34	Anna Lohmann	Malmö KK	29.15	2009-10-25
35-39	Anna Lohmann	Malmö KK	29.25	2013-11-16
40-44	Helena Åberg	Helsingborgs SS	30.20	2011-06-18
45-49	Anna Hammar	Saltsjöbadens IF	29.89	2013-09-05
50-54	Anette Philipsson	Linköpings ASS	30.29	2015-08-12
55-59	<b>Maria Norberg</b>	<b>KSL</b>	<b>31.60</b>	<b>2018-09-06</b>
60-64	Maria Rhodin	Luleå SS	36.25	2016-05-28
65-69	Britt-Marie Axling	Danderyds Sim	37.78	2013-10-04
70-74	Britt-Marie Axling	Danderyds Sim	39.65	2016-05-28
75-79	Birgitta Hjalmarsson	Malmö KK	55.94	2012-06-12
80-84	Birgitta Hjalmarsson	Malmö KK	1:03.17	2017-08-16

## 100m fjärilsim/fly

25-29	Ebba Rosenquist	SK Sydsim	1:05.37	2015-11-27
30-34	Anna Lohmann	Malmö KK	1:07.34	2009-10-25
35-39	Anna Lohmann	Malmö KK	1:07.19	2010-05-08
40-44	Susanna Rosén	Ystads SS	1:09.71	2006-08-07
45-49	Anette Philipsson	Linköpings ASS	1:09.83	2013-11-15
50-54	Anette Philipsson	Linköpings ASS	1:09.90	2016-11-19
55-59	Maria Rhodin	Luleå SS	1:24.55	2010-08-03
60-64	Maria Rhodin	Luleå SS	1:30.77	2016-05-26
65-69	Harriet Bure	SK Nautilus	1:36.88	2012-06-13
70-74	Harriet Bure	Örebro Simallians	1:41.61	2016-05-26

## MASTERSREKORD i simning - 50m/Long Course

**200m fjärilsim/fly**

25-29	Louise Nilsson	Malmö KK	2:38.80	2011-06-01
30-34	Anna Lohmann	Malmö KK	2:32.93	2009-10-25
35-39	Anna Lohmann	Malmö KK	2:33.63	2010-08-05
40-44	Anna-Carin Nordin	IFK Lidingö SK	2:43.37	2010-08-05
45-49	Anna-Karin Josefsson	Varberg-Falkenberg Sim	2:47.85	2010-08-05
50-54	Ingrid Lindström-Berntsson	Umeå SS	3:14.56	2016-05-27
55-59	Harriet Bure	SolK Hellas	3:25.35	2001-07-05
60-64	Harriet Bure	SolK Hellas	3:29.66	2006-08-09
65-69	Harriet Bure	Örebro Simallians	3:42.30	2013-09-04

**200m Medley**

25-29	Ebba Rosenquist	SK Sydsim	2:32.55	2015-11-27
30-34	Maria Vitazka	Malmö KK	2:33.16	2010-05-08
35-39	Camilla J- Sponseller	Växjö SS	2:31.80	2010-08-03
40-44	Anna Hammar	Saltsjöbadens IF	2:33.76	2011-06-17
45-49	Anette Philipsson	Linköpings ASS	2:34.17	2010-08-03
50-54	Anette Philipsson	Linköpings ASS	2:35.61	2016-05-25
55-59	Harriet Bure	SolK Hellas	3:08.83	2001-07-03
60-64	Margit Ohlsson	Stockholmspolisens IF	3:03.33	2006-08-07
65-69	Margit Ohlsson	Stockholmspolisens IF	3:08.78	2011-09-05
70-74	Margit Ohlsson	Södertörns SS	3:16.45	2015-05-08

**400m Medley**

25-29	Linda Castengren	Malmö KK	5:29.48	2014-11-28
30-34	Maria Vitazka	Malmö KK	5:24.17	2010-08-02
35-39	Åsa Neij	Jönköpings SS	5:20.69	2010-08-02
40-44	Viktoria Gadd	SK Ran	5:58.14	2016-02-27
45-49	Anette Philipsson	Linköpings ASS	5:44.88	2014-11-28
50-54	Anette Philipsson	Linköpings ASS	5:47.16	2016-11-18
55-59	Harriet Bure	SolK Hellas	6:54.06	2002-03-28
60-64	Harriet Bure	SolK Hellas	7:27.16	2008-10-26

**HERRAR****50m frisim/free**

25-29	Dennis Hedö	Turebergs SK	23.70	2010-08-03
30-34	Mathias Hageneier	SK Laxen	24.26	2011-06-18
35-39	Jan Karlsson	Södertälje SS	24.49	2005-08-20
40-44	Lars Frölander	Linköpings ASS	23.47	2015-11-28
45-49	Håkan Agnell	SK Neptun	25.93	2015-11-28
50-54	Leonard Bielicz	Göteborg Sim	26.39	2005-08-20
55-59	Leonard Bielicz	Göteborg Sim	25.99	2007-09-01
60-64	Leonard Bielicz	Göteborg Sim	26.78	2012-06-13
65-69	Leonard Bielicz	Göteborg Sim	27.57	2017-08-18
70-74	Peter Bergengren	SolK Hellas	28.85	2008-04-21
75-79	Anders Söderqvist	SolK Hellas	31.42	2008-04-21
80-84	Anders Söderqvist	Hellas SK	33.58	2013-09-06
<b>85-89</b>	<b>Anders Söderqvist</b>	<b>Hellas SK</b>	<b>39.51</b>	<b>2018-09-04</b>
90-94	Nils Ferm	SolK Hellas	52.26	2009-08-15

## MASTERSREKORD i simning - 50m/Long Course

## 100m frisim/free

25-29	Dennis Hedö	Turebergs SK	53.17	2010-08-01
30-34	Mathias Hageneier	SK Laxen	54.25	2010-08-01
35-39	Jan Karlsson	Södertälje SS	54.23	2005-08-19
40-44	Joakim Sjöholm	Stockholmspolisens IF	53.66	2004-07-17
45-49	Anders Haglund	Turebergs SK	57.08	2009-10-01
50-54	Anders Haglund	SK Neptun	58.30	2012-06-11
55-59	Anders Haglund	SK Neptun	58.67	2016-05-28
60-64	Leonard Bielicz	Göteborg Sim	1:00.96	2012-06-11
65-69	Leonard Bielicz	Göteborg Sim	1:03.31	2017-08-15
70-74	Ulf Gabrielsson	SK Neptun	1:11.49	2018-09-06
75-79	Anders Söderqvist	SolK Hellas	1:16.71	2008-04-19
80-84	Anders Söderqvist	Hellas SK	1:18.82	2013-09-05
85-89	Nils Ferm	SolK Hellas	1:41.14	2002-03-25
90-94	Nils Ferm	SolK Hellas	2:10.91	2009-08-15

## 200m frisim/free

25-29	Tony Lennartsson	Ängelholms SS	2:01.28	1993-09-01
30-34	Thomas Lundberg	Karlskrona SS	2:05.77	2005-08-17
35-39	Fredrik Pålsson	SK Laxen	2:04.21	2010-08-02
40-44	Mats Nygren	Fagersta SK	2:03.35	2010-08-02
45-49	Anders Haglund	Turebergs SK	2:07.81	2009-08-15
50-54	Sven von Holst	Falu SS	2:10.04	2002-03-29
55-59	Anders Haglund	SK Neptun	2:09.07	2016-05-26
60-64	Conny Mindemark	Nyköpings SS	2:26.78	2017-11-25
65-69	Ulf Gabrielsson	Solna Sundbyberg SS04	2:31.46	2013-05-18
70-74	Ulf Gabrielsson	SK Neptun	2:41.68	2018-09-03
75-79	Ivar Wallmark	SK Elfsborg	3:03.49	2018-06-16
80-84	Anders Söderqvist	Hellas SK	3:18.57	2013-09-03
85-89	Nils Ferm	SolK Hellas	4:01.95	2002-10-20
90-94	Nils Ferm	SolK Hellas	4:28.88	2008-04-20

## 400m frisim/free

25-29	Tony Lennartsson	Ängelholms SS	4:22.10	1993-09-01
30-34	Nicolas Bathhfield	Göteborg Sim	4:32.52	2010-08-06
35-39	Fredrik Pålsson	Tyresö SS	4:29.60	2010-08-06
40-44	Mats Nygren	Fagersta SK	4:24.30	2010-08-06
45-49	Fredrik Liljeström	Karlskrona SS	4:31.75	2018-07-11
50-54	Ola Selvrenius	Stockholmspolisens IF SF	4:37.18	2016-02-27
55-59	Anders Haglund	SK Neptun	4:41.99	2016-05-27
60-64	Conny Mindemark	Nyköpings SS	5:10.99	2018-06-17
65-69	Ulf Gabrielsson	Solna Sundbyberg SS04	5:26.76	2013-09-02
70-74	Hans Lindström	SSH Nyköping	5:53.90	2007-08-31
75-79	Hans Lindström	SK Neptun	6:42.40	2012-06-16
80-84	Nils Kling	Norrköpings KK	7:29.67	2003-08-28
85-89	Nils Ferm	SolK Hellas	8:02.49	2002-03-26
90-94	Nils Ferm	SolK Hellas	9:44.99	2007-07-07

## 800m frisim/free

25-29	Tony Lennartsson	Ängelholms SS	9:07.14	1993-09-01
30-34	Ezio Rizzini	IFK Lidingö SK	9:42.00	1994-04-01
35-39	Marcin Wedlarski	Tyresö SS	9:10.19	2006-08-04
40-44	Mats Nygren	Fagersta Sk	9:12.80	2010-07-31
45-49	Stefan Andersson	Sundsvalls SS	9:38.26	2017-08-14

## MASTERSREKORD i simning - 50m/Long Course

50-54	Ola Selvrenius	Stockholmspolisens IF SF	9:41.25	2016-02-27
55-59	Anders Haglund	SK Neptun	10:05.68	2017-11-24
60-64	Conny Mindemark	Nyköpings SS	10:39.04	2017-11-24
65-69	Kent Hamberg	Helsingborgs SS	12:01.48	2017-08-14
70-74	Hans Lindström	SSH Nyköping	12:34.50	2008-10-17
75-79	Hans Lindström	SK Neptun	14:33.41	2012-10-05
80-84	Nils Kling	Norrköpings KK	15:31.22	2003-08-26
85-89	Nils Ferm	SolK Hellas	17:06.91	2002-03-24
90-94	Nils Ferm	SolK Hellas	19:36.32	2007-08-28

## 1500m frisim/free

25-29	Michael Edstedt	Umeå SS	18:42.46	1988-08-01
30-34	Göran Andersson	IFK Lidingö SK	19:23.90	1991-06-01
35-39	Mikael Rosén	Södertörns SS	17:58.30	2012-10-05
40-44	Tomas Eriksson	SK Elfsborg	18:30.05	2012-10-05
45-49	Joakim Axelsson	SK Laxen	18:49.65	2013-10-05
50-54	Ola Selvrenius	Stockholmspolisens IF SF	18:45.13	2016-02-27
55-59	Anders Haglund	SK Neptun	19:20.48	2016-11-18
60-64	Kent Hamberg	Sim Team Engelholm	22:04.64	2012-10-05
65-69	Hans Lindström	SSH Nyköping	23:26.20	2003-10-19
70-74	Hans Lindström	SSH Nyköping	24:03.47	2008-10-19
75-79	Hans Lindström	SK Neptun	27:57.00	2012-10-05
80-84				
85-89	Nils Ferm	SolK Hellas	32:56.41	2002-10-19
90-94	Nils Ferm	SolK Hellas	37:21.89	2007-07-07

## 50m ryggsim/back

25-29	Jonas Ulfskans	SK Laxen	27.81	2015-11-28
30-34	Andreas Dencker	Göteborg Sim	28.92	2005-08-18
35-39	Andreas Dencker	Göteborg Sim	29.00	2006-08-10
40-44	Daniel Lönnberg	SK Neptun	28.15	2015-11-28
45-49	Peter Pärklo	Täby Sim	30.59	2016-05-27
50-54	Ronny Oltner	Södertälje SS	32.03	2009-09-17
55-59	Lennart Mentor	Göteborg Sim	31.61	2015-08-16
60-64	Veikko Mattola	Södertälje SS	34.31	2016-05-27
65-69	Kjell Hanserius	Hellas SK	35.71	2013-09-04
70-74	Kjell Hanserius	Hellas SK	37.42	2018-09-07
75-79	Eric Forslund	Hellas SK	40.35	2012-06-16
80-84	Erik Forslund	Hellas SK	41.98	2017-08-20
85-89	Nils Ferm	SolK Hellas	50.53	2002-10-20
90-94	Nils Ferm	SolK Hellas	56.69	2008-04-24

## 100m ryggsim/back

25-29	Niklas Kust	IKSU	1:01.60	2017-11-24
30-34	Andreas Dencker	Göteborg Sim	1:02.82	2003-08-30
35-39	Andreas Dencker	Göteborg Sim	1:03.01	2006-08-09
40-44	Gunnar Persson	Eslövs SS	1:05.93	2001-07-01
45-49	Gunnar Persson	SK Poseidon	1:07.95	2006-08-09
50-54	Kjell Kraemer	Lidköpings Gymnastik o SS	1:09.76	2016-05-29
55-59	Rolf Gustafsson	SK Neptun	1:14.13	2015-11-27
60-64	Veikko Mattola	Södertälje SS	1:15.55	2016-05-29
65-69	Kjell Hanserius	Hellas SK	1:21.56	2013-11-15
70-74	Kjell Hanserius	Hellas SK	1:24.23	2017-08-19
75-79	Ivar Wallmark	SK Elfsborg	1:35.87	2018-05-12

## MASTERSREKORD i simning - 50m/Long Course

80-84	Erik Forslund	Hellas SK	1:38.88	2017-08-19
85-89	Nils Ferm	SolK Hellas	1:53.16	2002-03-30
90-94	Nils Ferm	SolK Hellas	2:07.37	2008-04-23

**200m ryggsim/back**

25-29	Simon Andersson	Umeå SS	2:50.28	2017-11-25
30-34	Claes Lindgren	Dolphins Swim Club	2:28.58	2011-07-23
35-39	Gunnar Persson	Eslövs SS	2:26.40	2000-08-01
40-44	Tobias Marklund	Pitiå Sim	2:22.99	2017-11-25
45-49	Gunnar Persson	SK Poseidon	2:27.37	2006-08-05
50-54	Christer Granström	Umeå SS	2:37.02	2017-11-25
55-59	Dave Schardt	SK Neptun	2:50.63	2015-11-28
60-64	Veikko Mattola	Södertälje SS	2:49.86	2016-05-28
65-69	Ulf Gabrielsson	SS04	3:08.39	2015-11-28
70-74	Ivar Wallmark	SK Elfsborg	3:21.92	2016-02-28
75-79	Ivar Wallmark	SK Elfsborg	3:27.98	2018-02-17
80-84	Erik Forslund	Hellas SK	3:52.98	2018-09-06
85-89	Nils Ferm	SolK Hellas	4:09.97	2002-03-27
90-94	Nils Ferm	SolK Hellas	4:32.63	2009-09-18

**50m bröstsim/breast**

25-29	Glen Christiansen	GKKN	30.41	1987-07-01
30-34	Victot Kuzmin	S02	30.82	2010-08-03
35-39	Per Svanberg	SS04	30.58	2009-08-15
40-44	Stefan Scherlling	Täby Sim	30.12	2016-11-18
45-49	Stefan Scherlling	Täby Sim	29.97	2017-08-20
50-54	Glen Christiansen	SK Neptun	31.50	2009-09-06
55-59	Glen Christiansen	Göteborg Sim	32.23	2012-06-13
60-64	Ronny Oltner	Södertälje SS	35.06	2016-05-26
65-69	Rolf Tegeback	Sundsvalls SS	37.19	2015-11-27
70-74	Rolf Tegeback	Sundsvalls SS	37.77	2018-06-09
75-79	Matthias Kroner	Hellas SK	42.97	2018-09-03
80-84	Erik Forslund	Hellas SK	50.28	2017-11-24
85-89	Bengt Ager	Hellas SK	58.88	2014-11-28

**100m bröstsim/breast**

25-29	Glen Christiansen	GKKN	1:07.39	1986-07-01
30-34	Anders Wallin	Stockholmspolisens IF	1:08.57	2010-08-01
35-39	Glen Christiansen	SolK Hellas	1:09.44	1995-09-01
40-44	Stefan Scherling	Täby Sim	1:08.17	2016-11-19
45-49	Stefan Scherling	Täby Sim	1:08.80	2018-09-07
50-54	Glen Christiansen	SK Neptun	1:10.09	2009-09-05
55-59	Glen Christiansen	Göteborg Sim	1:13.42	2012-06-11
60-64	Glen Christiansen	Göteborg Sim	1:18.55	2017-08-15
65-69	Rolf Tegeback	Sundsvalls SS	1:25.96	2013-11-16
70-74	Rolf Tegeback	Sundsvalls SS	1:28.55	2018-06-09
75-79	Matthias Kroner	Hellas SK	1:37.04	2018-09-07
80-84	Erik Forslund	Hellas SK	1:58.12	2017-11-25
85-89	Bengt Ager	Hellas SK	2:16.69	2014-11-29



## MASTERSREKORD i simning - 50m/Long Course

## 200m böstsim/brest

25-29	Glen Christiansen	GKKK	2:30.88	1986-07-01
30-34	Staffan Tell	SS04	2:38.76	2010-08-05
35-39	Glen Christiansen	SolK Hellas	2:33.21	1995-09-01
40-44	Glen Christiansen	SolK Hellas	2:34.97	1997-09-01
45-49	Glen Christiansen	SolK Hellas	2:35.11	2002-03-26
50-54	Glen Christiansen	Göteborg Sim	2:42.56	2010-08-05
55-59	Glen Christiansen	Göteborg Sim	2:43.68	2012-06-15
60-64	Glen Christiansen	Göteborg Sim	2:55.68	2017-08-19
65-69	Rolf Tegeback	Sundsvalls SS	3:17.42	2014-11-29
70-74	Matthias Kroner	Hellas SK	3:36.23	2014-11-29
75-79	<b>Matthias Kroner</b>	<b>Hellas SK</b>	<b>3:32.74</b>	<b>2018-09-04</b>
80-84	Lennart Ingmo	SolK Hellas	5:01.26	1999-08-27
85-89	Lennart Ingmo	SolK Hellas	5:26.27	2004-06-05

## 50m fjärilsim/fly

25-29	Linus Magnusson	SK Neptun	25.84	2017-11-25
30-34	Mathias Hageneieier	SK Laxen	25.54	2011-06-18
35-39	Jan Karlsson	Södertälje SS	25.31	2005-08-19
40-44	Jan Karlsson	Täby Sim	25.73	2010-08-02
45-49	Glen Christiansen	SolK Hellas	28.15	2002-05-04
50-54	Jonas Hallgren	Umeå SS	28.08	2016-05-28
55-59	Leonard Bielicz	Göteborg Sim	28.24	2007-08-31
60-64	Leonard Bielicz	Göteborg Sim	29.28	2012-10-06
65-69	Leonard Bielicz	Göteborg Sim	30.24	2017-08-17
70-74	<b>Rolf Tegeback</b>	<b>Sundsvalls SS</b>	<b>34.08</b>	<b>2018-06-09</b>
75-79	Anders Söderqvist	SolK Hellas	41.65	2008-04-20
80-84	Nils Kling	Norrköpings KK	53.92	2002-08-17

## 100m fjärilsim/fly

25-29	Jonas Lögdberg	Täby Sim	58.18	1994-04-01
30-34	Hussein Haggag	Umeå SS	1:01.92	2017-11-24
35-39	Patrik Florén	Gävle SS	1:04.20	2015-11-27
40-44	Hasse Nilsson	SK Laxen	59.98	2010-08-03
45-49	Jonas Hallgren	Umeå SS	1:03.43	2012-10-06
50-54	Leonard Bielicz	Göteborg Sim	1:04.23	2005-08-17
55-59	Leonard Bielicz	Göteborg Sim	1:03.24	2006-08-07
60-64	Leonard Bielicz	Göteborg Sim	1:07.27	2014-08-06
65-69	Leonard Bielicz	Göteborg Sim	1:10.44	2016-05-26
70-74	Jan Alsonius	Skene Sim	1:49.19	2010-08-03
75-79	Leif Gellberg	Sim Team Engelholm	2:09.11	2007-08-29

## 200m fjärilsim/fly

25-29	Tony Lennartsson	Ängelholms SS	2:18.82	1993-09-01
30-34	Nicolas Bathfield	Göteborg Sim	2:28.60	2010-08-05
35-39	Gunnar Persson	Eslövs SS	2:24.90	2000-08-01
40-44	Hasse Nilsson	SK Laxen	2:19.36	2010-08-05
45-49	Gunnar Persson	SK Poseidon	2:25.65	2006-08-09
50-54	Jonas Hallgren	Umeå SS	2:32.00	2016-05-27
55-59	Lennart Mentor	Göteborg Sim	2:39.30	2015-08-15
60-64	Håkan Wassdahl	SolK Hellas	3:44.91	1999-09-01
65-69	Urban Bengtsson	Umeå SS	4:02.24	2010-08-05
70-74	Hans Lindström	Ssh Nyköping	4:05.46	2007-08-30
75-79	Hans Lindström	SK Neptun	4:34.73	2012-06-15

## MASTERSREKORD i simning - 50m/Long Course

## 200m medley

25-29	Jonas Lögdberg	Täby Sim	2:16.60	1994-04-01
30-34	Claes Lindgren	Dolphins Swim Club	2:25.71	2011-07-23
35-39	Mikael Olsson	Ystads SS	2:24.53	2011-06-17
40-44	Gunnar Persson	Eslövs SS	2:24.66	2001-07-03
45-49	Glen Christiansen	SolK Hellas	2:26.24	2002-03-25
50-54	Glen Christiansen	SK Neptun	2:29.89	2007-07-07
55-59	Sven von Holst	Falu SS	2:35.81	2005-08-16
60-64	Glen Christiansen	Göteborg Sim	2:47.14	2018-05-06
65-69	Rolf Tegeback	Sundsvalls SS	3:02.20	2013-11-15
70-74	Bo Ljungberg	Hellas SK	3:19.48	2015-10-24
75-79	Hans Lindström	SK Neptun	4:04.05	2012-06-13

## 400m medley

25-29	Daniel Halldén	Stockholms KK	5:05.42	2010-08-02
30-34	Claes Lindgren	Dolphins Swim Club	5:19.54	2011-07-22
35-39	Marcin Wedlarski	Tyresö SS	5:00.44	2006-08-06
40-44	Simon Malmberg	Angereds SK	5:21.51	2014-11-28
45-49	Gunnar Persson	SK Poseidon	5:22.81	2006-08-06
50-54	Glen Christiansen	Göteborg Sim	5:37.23	2011-04-17
55-59	Dave Schardt	SK Neptun	5:54.32	2014-11-28
60-64	Hans Ljungberg	SolK Hellas	6:39.70	2008-04-20
65-69	Bo Ljungberg	Hellas SK	7:15.45	2014-11-28