



Inbjudan

The Swedish Swimming Federation and SK Neptun have the pleasure to invite you to
Swedish Championships and Nordic Light in masters diving

Date: March 21-22, 2015. Preliminary time for the competition is Saturday between 2 and 8 pm and Sunday between 9 am to 2 pm.

Place: Eriksdalsbadet in Stockholm, Sweden. The venue has four 1-meterboards, three 3-meterboards and platforms on 1, 3, 5, 7,5 och 10 meter. There is also a room for warm-up.

Training: Friday March 20 4.30 – 7.30 pm
Saturday March 21 12 – 2 pm
Sunday March 22 7.30 – 9 am

Age groups and events:

The Swedish Championships

is open for divers who are members in a club that is associated to the Swedish Swimming Federation and has the right to take part in the championships according to rule no 304 (Regulations adopted by the Swedish Swimming Federation). The competition will comprise of the following age groups for men and women:

| | | | |
|-------------|-------------|-------------|-------------|
| 25-29 years | 30-34 years | 35-39 years | 40-44 years |
| 45-49 years | 50-54 years | 55-59 years | 60-64 years |
| 65-69 years | 70-74 years | 75-79 years | 80- years |

(five years age groups as long as necessary)

The events will be springboard 1 meter, springboard 3 meter and platform for all age groups. The FINA rules for Masters Diving will apply.



For Premasters the age group will be 18-24 years. The events will springboard 1 meter, springboard 3 meter and platform. The FINA rules for age group 25-29 years will apply.

Nordic Light: is an open competition for men and women age groups 18-24, 25-29, 30-39, 40-49, 50-59, 60-69, 70-79 and 80- with the same events and the same number of dives that the corresponding age group have in the Swedish Championships and for Novices.

Novices: In the competition for Novices the age groups are 18-29, 30-49 and 50- . The events are springboard 1 meter, springboard 3 meter och platform 5 meter. Novices do 4 dives. Dive no 100 and 200 may be used. The dives cannot consist of more than 1,5 sommersault. The highest degree of difficulty on a dive is 1,7. The same dive may be repeated in another body position but the dive will then get a degree of difficulty of 1,0.

Judges: Participating teams are asked to enter the names of their judges when entering divers for the competition.

Hotel: We have a good offer to stay at the Clarion hotel, which is situated only a few minutes walk from the pool. Reservation of rooms has to be made at the latest on February 20, 2015, on website <http://www.conferencemanager.dk/smmasters>. The number of rooms are limited. Breakfast is included in the price.
Singleroom Price: 650 kr per person and night

Doublerrum 1p Price: 790 kr per person and night
Doublerrum 2p Price: 950 kr for two persons per night
Extrared Price: 250 kr per person and night

Payment shall be made directly to the hotel.

Meals: In cooperation with Clarion we offer the following alternatives. Tickets for meals shall be reserved by e-mail to kansli@skneptun.se at the latest on March, 5 2015 and the reservation shall be made per team. After this date the order is considered to be final.

March 20 Friday evening dinner is served between 7:30 and 10 pm. Price 195 kr per person.
March 21 Lunch is served between 12:30 and 3 pm. Price 145 kr per person.
March 22 Lunch is served between 12:30 and 3 pm. Price 145 kr per person.

Entries: Please enter for the competition by e-mail to simhopp@skneptun.se at the latest on February, 20 2015.
The entry shall for each diver include name, year of birth, licencenumber for Swedish divers and which events the diver wants to take part in. The entry fee is 200 kr per start. The entry fee shall be paid to SK Neptun's account, BG 5581-4149 when you enter for the competition.

For international payments the following shall be used.
Bank: HANDELSBANKEN
BIC/SWIFT: HANDSESS
IBAN: SE68 6000 0000 0006 5916 7182

Party: There will be a party together with the masters swimmers who take part in the Swedish Masters Swimming Championships at Clarion hotel on Saturday evening. The price is 495 kr which includes dinner and one drink (beer or wine) or an alcoholfree alterantive. After dinner there will be live music. The party starts at 7 pm.

It is also possible to buy a ticket to come later to the party. The price is 200 kr. The price also includes a drink (beer or wine). Then you can come to the party from 9 pm.



You reserve all tickets for the party by sending an e-mail to kansli@skneptun.se. Tickets for the party shall also be reserved per team and the order shall be made at the latest on March 5, 2015. After that date the order is considered to be final. The number of tickets for the party is limited.

SK Neptun will send an invoice for payment for the party.

Divesheets:

Dive Recorder will be used during the competition and divesheets shall be entered in Dive Recorder. More information about the divesheets will be sent out after the last date for entries.

Information:

Please contact SK Neptun if you have any questions about the competition. E-mail simhopp@skneptun.se or phone +46 8 556 966 90. More information will be sent out after the last date for entries.

Welcome!

