

20 bästa i Sverige genom tiderna – damer 50 m

Uppdaterat 2019-04-08

50 m frisim

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|-----|-----------------------|---------------------|-------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 23,67 | -17 |
| 2. | Therese Alshammar | Täby Sim | 23,88 | -09 |
| 3. | Michelle Coleman | Täby Sim | 25,06 | -17 |
| 4. | Anna-Karin Kammerling | Sundsvalls SS | 25,14 | -04 |
| 5. | Louise Hansson | Helsingborgs S | 25,15 | -17 |
| 6. | Josefin Lillhage | Väsby SS | 25,20 | -09 |
| 7. | Nathalie Lindborg | Trelleborgs Kappsim | 25,34 | -09 |
| 8. | Magdalena Kuras | SK Triton | 25,44 | -16 |
| 9. | Ida Marko-Varga | SK Triton | 25,46 | -16 |
| 10. | Johanna Sjöberg | Spårvägens SF | 25,51 | -04 |
| 11. | Josefin Lindkvist | Väsby SS | 25,55 | -14 |
| 12. | Claire Hedenskog | Göteborgs Sim | 25,56 | -07 |
| 13. | Linda Olofsson | Sundsvalls SS | 25,63 | -96 |
| 14. | Henriette Brekke | SK Triton | 25,64 | -12 |
| 15. | Klara Thormalm | Jönköpings SS | 25,71 | -16 |
| 16. | Emma Svensson | Upsala S | 25,75 | -09 |
| 17. | Louise Jöhncke | Södertörns SS | 25,85 | -00 |
| 18. | Lovisa Ericsson | Täby Sim | 25,86 | -09 |
| 19. | Gabriella Fagundez | Väsby SS | 25,87 | -11 |
| 20. | Rebecka Palm | LASS | 25,95 | -14 |

100 m frisim

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|-----|-----------------------|---------------------|-------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 51,71 | -17 |
| 2. | Michelle Coleman | Spårvägen SF | 53,21 | -17 |
| 3. | Therese Alshammar | Täby Sim | 53,58 | -09 |
| 4. | Josefin Lillhage | Väsby SS | 54,07 | -08 |
| 5. | Louise Hansson | Helsingborgs S | 54,62 | -14 |
| 6. | Ida Marko-Varga | SK Ran | 54,63 | -11 |
| 7. | Gabriella Fagundez | Väsby SS | 54,66 | -11 |
| 8. | Johanna Sjöberg | Spårvägens SF | 55,12 | -03 |
| 9. | Ida Lindborg | MKK | 55,36 | -16 |
| 10. | Nathalie Lindborg | Trelleborgs Kappsim | 55,45 | -09 |
| 11. | Louise Jöhncke | Spårvägens SF | 55,55 | -98 |
| 12. | Claire Hedenskog | Göteborgs Sim | 55,56 | -08 |
| 13. | Magdalena Kuras | SK Triton | 55,70 | -16 |
| 14. | Linda Olofsson | Södertälje SS | 55,75 | -96 |
| 15. | Petra Granlund | Väsby SS | 55,99 | -11 |
| 16. | Hanna Bergman | SK Poseidon | 56,24 | -18 |
| 17. | Josefin Lindkvist | Väsby SS | 56,33 | -14 |
| 18. | Hanna Eriksson | Jönköpings SS | 56,40 | -18 |
| 19. | Anna-Karin Kammerling | Sundsvalls SS | 56,43 | -04 |
| 20. | Henriette Brekke | SK Triton | 56,49 | -12 |
| | Rebecka Palm | LASS | 56,49 | -14 |

200 m frisim

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|-----|---------------------|----------------|---------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 1.54,08 | -16 |
| 2. | Michelle Coleman | Spårvägen SF | 1.55,64 | -17 |
| 3. | Josefin Lillhage | Väsby SS | 1.57,78 | -07 |
| 4. | Gabriella Fagundez | Väsby SS | 1.57,99 | -11 |
| 5. | Ida Marko-Varga | SK Ran | 1.58,21 | -08 |
| 6. | Louise Hansson | Helsingborgs S | 1.58,45 | -15 |
| 7. | Louise Jöhncke | Spårvägens SF | 2.00,04 | -98 |
| 8. | Johanna Sjöberg | Spårvägens SF | 2.00,23 | -04 |
| 9. | Petra Granlund | Väsby SS | 2.00,62 | -08 |
| 10. | Hanna Eriksson | Jönköpings SS | 2.00,67 | -18 |
| 11. | Stina Gardell | Spårvägens SF | 2.00,85 | -16 |
| 12. | Malin Nilsson | Malmö KK | 2.01,25 | -93 |
| 13. | Henriette Stenkvist | Polisens SIF | 2.01,28 | -13 |
| 14. | Malin Svahnström | Väsby SS | 2.01,47 | -06 |
| 15. | Lisa Wänberg | Malmö KK | 2.02,18 | -02 |
| 16. | Nathalie Lindborg | Malmö KK | 2.02,26 | -12 |
| 17. | Jaqueline Hipp | SK Neptun | 2.02,40 | -16 |
| 18. | Sarah Henry | Polisens SIF | 2.02,67 | -10 |
| 19. | Ann Linder | GKKN | 2.02,69 | -84 |
| 20. | Lotta Wänberg | Malmö KK | 2.02,75 | -98 |

400 m frisim

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|-----|---------------------|----------------|---------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 4.06,04 | -14 |
| 2. | Michelle Coleman | Spårvägen SF | 4.07,61 | -16 |
| 3. | Gabriella Fagundez | SK Ran | 4.10,20 | -08 |
| 4. | Malin Nilsson | Malmö KK | 4.12,67 | -93 |
| 5. | Ida Marko-Varga | SK Ran | 4.12,77 | -08 |
| 6. | Henriette Stenkvist | Polisens SIF | 4.13,36 | -11 |
| 7. | Josefin Lillhage | Väsby SS | 4.13,94 | -08 |
| 8. | Louise Hansson | Helsingborgs S | 4.14,00 | -14 |
| 9. | Sarah Henry | Polisen SIF | 4.14,70 | -10 |
| 10. | Hanna Eriksson | Jönköpings SS | 4.14,84 | -18 |
| 11. | Lotta Wänberg | Malmö KK | 4.15,55 | -99 |
| 12. | Suzanne Nilsson | S 02 | 4.16,09 | -86 |
| 13. | Åsa Sandlund | LASS | 4.17,47 | -02 |
| 14. | Ann Linder | GKKN | 4.17,55 | -84 |
| 15. | Laura Lajunen | SK Neptun | 4.18,20 | -14 |
| 16. | Petra Granlund | Väsby SS | 4.18,25 | -10 |
| 17. | Eva Berglund | Jönköpings SS | 4.18,39 | -09 |
| 18. | Teresia Gimholt | S 77 | 4.18,60 | -05 |
| 19. | Ann Berglund | Jönköpings SS | 4.18,70 | -99 |
| 20. | Linda Rönnbäck | Luleå SS | 4.19,55 | -88 |

800 m frisim

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|----|--------------------|---------------|---------|-----|
| 1. | Gabriella Fagundez | SK Ran | 8.39,06 | -08 |
| 2. | Malin Nilsson | Malmö KK | 8.39,76 | -93 |
| 3. | Åsa Sandlund | LASS | 8.47,44 | -02 |
| 4. | Eva Berglund | Jönköpings SS | 8.47,59 | -07 |

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|-----|-------------------|-----------------|---------|-----|
| 5. | Ann Linder | GKKN | 8.47,64 | -82 |
| 6. | Sarah Henry | Polisens SIF | 8.48,37 | -10 |
| 7. | Hanna Eriksson | Jönköpings SS | 8.49,02 | -18 |
| 8. | Ann-Sofie Jönsson | Tunafors SK | 8.49,06 | -95 |
| 9. | Teresia Gimholt | S 77 | 8.51,20 | -05 |
| 10. | Linda Rönnbäck | Luleå SS | 8.51,29 | -88 |
| 11. | Ulrika Sandmark | Spårvägens GOIF | 8.52,27 | -83 |
| 12. | Magdalena Schultz | Malmö KK | 8.52,44 | -93 |
| 13. | Christina Erlén | Växjö SS | 8.52,66 | -85 |
| 14. | Suzanne Nilsson | Filipstads IF | 8.52,99 | -83 |
| 15. | Ann Berglund | Jönköpings SS | 8.53,03 | -00 |
| 16. | Martina Granström | Jönköpings SS | 8.53,19 | -12 |
| 17. | Camilla Helgesson | Malmö KK | 8.53,63 | -99 |
| 18. | Andrea Bohlin | Jönköpings SS | 8.54,32 | -91 |
| 19. | Hanna Eriksson | Jönköpings SS | 8.54,61 | -17 |
| 20. | Ida Marko-Varga | SK Ran | 8.54,80 | -08 |

1500 m frisim

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|-----|-----------------------|-----------------|----------|-----|
| 1. | Gabriella Fagundez | SK Ran | 16.39,98 | -07 |
| 2. | Eva Berglund | Jönköpings SS | 16.49,28 | -09 |
| 3. | Åsa Sandlund | LASS | 16.49,48 | -02 |
| 4. | Suzanne Nilsson | Filipstads IF | 16.51,49 | -85 |
| 5. | Teresia Gimholt | S 77 | 16.51,74 | -05 |
| 6. | Ann Linder | GKKN | 16.51,98 | -84 |
| 7. | Ulrika Sandmark | Spårvägens Golf | 16.54,92 | -85 |
| 8. | Martina Granström | Jönköpings SS | 16.56,43 | -09 |
| 9. | Anette Möller | Varbergs Sim | 16.57,23 | -86 |
| 10. | Hanna Eriksson | Jönköpings SS | 16.57,76 | -18 |
| 11. | Laura Lajunen | SK Neptun | 17.02,45 | -15 |
| 12. | Christina Erlén | Växjö SS | 17.04,41 | -84 |
| 13. | Ann Berglund | Jönköpings SS | 17.06,87 | -04 |
| 14. | Christine Ekman | SK Neptun | 17.09,46 | -18 |
| 15. | Alba Forés | SK Triton | 17.12,35 | -14 |
| 16. | Astrid Armgarth | LASS | 17.13,14 | -07 |
| 17. | Emma Sundstedt | Spårvägen SF | 17.13,21 | -17 |
| 18. | Esther Rydbeck Nordén | Täby Sim | 17.13,55 | -18 |
| 19. | Erica Dahlgren | S02 | 17.17,20 | -15 |
| 20. | Ann-Charlott Brodén | Motala SS | 17.19,86 | -84 |

50 m ryggsim

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|-----|-------------------------|---------------|-------|------|
| 1. | Sarah Sjöström | Södertörns SS | 27,80 | --17 |
| 2. | Ida Lindborg | MKK | 28,05 | -17 |
| 3. | Michelle Coleman | Täby Sim | 28,74 | -12 |
| 4. | Magdalena Kuras | SK Triton | 28,75 | -12 |
| 5. | Emma Svensson | Upsala S | 28,90 | -13 |
| 6. | Therese Alshammar | SK Neptun | 29,22 | -05 |
| 7. | Therese Svendsen | SK Ran | 29,24 | -11 |
| 8. | Lovisa Ericsson | Täby Sim | 29,36 | -09 |
| 9. | Eygló Òsk Gústafsdóttir | SK Neptun | 29,37 | -18 |
| 10. | Hanna Rosvall | Ängelholms SS | 29,38 | -16 |

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|-----|------------------|----------------|-------|-----|
| | Trine Forss | Skövde SS | 29,46 | -19 |
| 11. | Louise Hansson | Helsingborgs S | 29,50 | -14 |
| 12. | Jessica Eriksson | SK Neptun | 29,54 | -16 |
| 14. | Ida Liljeqvist | Höganäs SS | 29,60 | -17 |
| 15. | Sandra Hafström | Helsingborgs S | 29,61 | -11 |
| | Wilma Persson | Sundsvalls SS | 29,61 | -17 |
| 17. | Eljena Knutsson | Ystads SS | 29,64 | -12 |
| 18. | Anna Åhlin | SK Neptun | 29,71 | -16 |
| 19. | Emma Johansson | SK Hajen | 29,78 | -14 |
| 20. | Lova Andersson | Ljungby SS | 29,82 | -15 |

100 m ryggsim

| | | | | |
|-----|-------------------------|--------------------|---------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 59,98 | -15 |
| 2. | Michelle Coleman | Spårvägen SF | 1.00,28 | -17 |
| 3. | Ida Lindborg | Malmö KK | 1.01,14 | -14 |
| 4. | Louise Hansson | Helsingborgs S | 1.01,21 | -18 |
| 5. | Therese Svendsen | SK Ran | 1.01,52 | -12 |
| 6. | Therese Alshammar | Täby Sim | 1.01,61 | -12 |
| 7. | Henriette Stenkvis | Polisens IF | 1.01,96 | -10 |
| 8. | Eygló Òsk Gústafsdóttir | SK Neptun | 1.02,45 | -18 |
| 9. | Sandra Hafström | Helsingborgs S | 1.02,58 | -11 |
| 10. | Hanna Rosvall | Ängelholms SS | 1.02,76 | -16 |
| 11. | Carin Möller | Spårvägens SF | 1.02,97 | -07 |
| 12. | Magdalena Kuras | SK Triton | 1.02,98 | -14 |
| 13. | Lovisa Ericsson | Täby Sim | 1.03,29 | -09 |
| 14. | Trine Forss | Skövde SS | 1.03,41 | -18 |
| 15. | Eleonor Lindborg | Trelleborg Kappsim | 1.03,66 | -10 |
| 16. | Caroline Palm | LASS | 1.03,78 | -09 |
| 17. | Anna Åhlin | Spårvägen SF | 1.03,84 | -15 |
| 18. | Johanna Larsson | Mariestads SS | 1.03,90 | -87 |
| 19. | Eljena Knutsson | Ystads SS | 1.04,08 | -12 |
| 20. | Jessica Eriksson | SK Neptun | 1.04,16 | -16 |

200 m ryggsim

| | | | | |
|-----|-------------------------|----------------|---------|-----|
| 1. | Michelle Coleman | Täby Sim | 2.10,56 | -14 |
| 2. | Henriette Stenkvis | Polisens IF | 2.12,64 | -10 |
| 3. | Therese Svendsen | SK Ran | 2.13,08 | -11 |
| 4. | Carin Möller | Spårvägens SF | 2.13,32 | -07 |
| 5. | Sandra Hafström | Helsingborgs S | 2.13,51 | -12 |
| 6. | Ida Lindborg | Malmö KK | 2.14,00 | -14 |
| 7. | Johanna Larsson | Mariestads SS | 2.14,51 | -87 |
| 8. | Louise Hansson | Helsingborgs S | 2.14,71 | -14 |
| 9. | Eygló Òsk Gústafsdóttir | SK Neptun | 2.15,24 | -18 |
| 10. | Hanna Rosvall | Ängelholms SS | 2.15,87 | -16 |
| | Hannah Brunzell | Västerås SS | 2.16,55 | -19 |
| 11. | Therese Alshammar | SK Neptun | 2.16,72 | -98 |
| 12. | Camilla Olsson | Malmö KK | 2.16,75 | -88 |
| 13. | Miranda Arvidsson | Kalmar SS | 2.16,79 | -17 |
| 14. | Anna Åhlin | SK Neptun | 2.16,90 | -16 |
| 15. | Sofia Svensson | Skövde SS | 2.17,38 | -13 |

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|-----|---------------------|----------------|---------|-----|
| 16. | Anna-Karin Eriksson | Kalix SS | 2.17,39 | -85 |
| 17. | Camilla Johansson | Trelleborgs SS | 2.17,50 | -99 |
| 18. | Eljena Knutsson | Österlen Sim | 2.17,51 | -09 |
| 19. | Eleonor Lindborg | SK Ran | 2.17,53 | -12 |
| 20. | Sarah Sjöström | Södertörns SS | 2.17,58 | -09 |

50 m bröstsim

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|-----|-------------------|----------------|-------|-----|
| 1. | Jennie Johansson | Uppsala S | 30,05 | -15 |
| 2. | Sophie Hansson | Helsingborgs S | 30,72 | -18 |
| 3. | Rebecca Ejdervik | Täby Sim | 31,03 | -11 |
| 4. | Emma Igelström | Spårvägens SF | 31,17 | -02 |
| 5. | Jessica Eriksson | Södertörns SS | 31,46 | -16 |
| 6. | Vilma Ekström | Linköpings ASS | 31,52 | -17 |
| 7. | Maria Östling | Södertörns SS | 31,68 | -04 |
| 8. | Hanna Westrin | Sundsvalls SS | 31,73 | -08 |
| 9. | Jessica Billquist | Spårvägen SF | 31,78 | -13 |
| 10. | Joline Höstman | Göteborgs Sim | 31,80 | -09 |
| 11. | Hannah Brunzell | Västerås SS | 31,81 | -18 |
| 12. | Una Finnman | SK Triton | 31,92 | -14 |
| 13. | Emelie Fast | Södertörns SS | 32,09 | -18 |
| 14. | Sophia Norén | SS04 | 32,11 | -17 |
| 15. | Josefin Lillhage | Väsby SS | 32,15 | -09 |
| 16. | Hanna Eriksson | Södertälje SS | 32,25 | -07 |
| 17. | Sanja Dizdarevic | SK Triton | 32,30 | -03 |
| | Sofia Johansson | Helsingborgs S | 32,30 | -11 |
| 19. | Julia Månsson | Örebro SA | 32,33 | -18 |
| 20. | Nadja Salomonsson | Väsby SS | 32,49 | -12 |
| | Ulrica Sandgren | Sundsvalls SS | 32,49 | -14 |

100 m bröstsim

| | | | | |
|-----|-------------------|----------------|---------|-----|
| 1. | Jennie Johansson | Uppsala S | 1.06,30 | -17 |
| 2. | Joline Höstman | Göteborgs Sim | 1.07,21 | -09 |
| 3. | Emma Igelström | Spårvägens SF | 1.07,27 | -02 |
| 4. | Rebecca Ejdervik | Täby Sim | 1.07,58 | -11 |
| 5. | Sophie Hansson | Helsingborgs S | 1.07,59 | -16 |
| 6. | Hanna Westrin | Sundsvalls SS | 1.08,30 | -07 |
| 7. | Jessica Eriksson | Södertörns SS | 1.08,37 | -16 |
| 8. | Vilma Ekström | Linköpings ASS | 1.08,65 | -17 |
| 9. | Maria Östling | Södertörns SS | 1.09,10 | -04 |
| 10. | Hannah Brunzell | Västerås SS | 1.09,20 | -18 |
| 11. | Jessica Billquist | Spårvägen SF | 1.10,01 | -13 |
| 12. | Stina Gardell | Spårvägen SF | 1.10,07 | -16 |
| 13. | Josefin Wede | SK Sydsim | 1.10,12 | -05 |
| 14. | Sofia Johansson | Helsingborgs S | 1.10,35 | -11 |
| 15. | Una Finnman | SK Triton | 1.10,37 | -14 |
| 16. | Elin Mårtensson | Sjöbo SS | 1.10,45 | -12 |
| 17. | Julia Månsson | Örebro SA | 1.10,46 | -18 |
| 18. | Therése Bergström | LASS | 1.10,58 | -09 |
| 19. | Sanja Dizdarevic | SK Triton | 1.10,60 | -03 |
| 20. | Hanna Jaltner | Växjö SS | 1.10,69 | -96 |

200 m bröstsim

| | | | | |
|-----|-------------------|----------------|---------|-----|
| 1. | Joline Höstman | Göteborgs Sim | 2.22,24 | -09 |
| 2. | Jennie Johansson | Upsala S | 2.26,16 | -16 |
| 3. | Sandra Jacobson | Täby Sim | 2.27,08 | -07 |
| 4. | Emma Igelström | Spårvägens SF | 2.27,36 | -02 |
| 5. | Sophie Hansson | Helsingborgs S | 2.28,09 | -17 |
| 6. | Hanna Brunzell | Västerås SS | 2.28,35 | -17 |
| 7. | Hanna Westrin | Sundsvalls SS | 2.28,55 | -07 |
| 8. | Lena Eriksson | Spårvägens SF | 2.28,87 | -96 |
| 9. | Amanda Rutqvist | Göteborg Sim | 2.28,95 | -15 |
| 10. | Vilma Ekström | LASS | 2.28,99 | -17 |
| 11. | Jessica Ericsson | Södertörns SS | 2.29,10 | -16 |
| 12. | Elin Mårtensson | Sjöbo SS | 2.29,80 | -12 |
| 13. | Una Finnman | SK Ran | 2.30,29 | -09 |
| 14. | Sara Larsson | Ludvika SS | 2.30,40 | -04 |
| 15. | Maria Östling | SS Mora | 2.30,57 | -96 |
| 16. | Stina Gardell | Spårvägen SF | 2.30,67 | -13 |
| 17. | Josefin Wede | SK Sydsim | 2.30,81 | -05 |
| 18. | Sara Thydén | Väsby SS | 2.31,30 | -13 |
| 19. | Julia Månsson | Örebro SA | 2.31,37 | -18 |
| 20. | Therése Bergström | LASS | 2.31,67 | -09 |

50 m fjärilsim

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|-----|-----------------------|----------------|-------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 24,43 | -14 |
| 2. | Therese Alshammar | Täby Sim | 25,07 | -09 |
| 3. | Anna-Karin Kammerling | Sundsvalls SS | 25,57 | -02 |
| 4. | Louise Hansson | Helsingborgs S | 26,11 | -18 |
| 5. | Sara Junevik | Falu SS | 26,18 | -17 |
| 6. | Amalie Mikkelsen | Malmö KK | 26,48 | -17 |
| 7. | Cecilia Rasmusson | Täby Sim | 26,54 | -08 |
| 8. | Ida Liljeqvist | Höganäs SS | 26,69 | -18 |
| 9. | Rebecka Palm | LASS | 26,78 | -14 |
| 10. | Emma Johansson | SK Hajen | 26,80 | -14 |
| | Ida Lindborg | Malmö KK | 26,80 | -17 |
| 12. | Lucy Worall | Helsingborgs S | 26,86 | -12 |
| 13. | Magdalena Kuras | SK Triton | 26,92 | -13 |
| 14. | Johanna Sjöberg | Södertälje SS | 26,93 | -99 |
| 15. | Hanna Rosvall | Ängelholms SS | 27,00 | -17 |
| 16. | Petra Granlund | Väsby SS | 27,10 | -12 |
| 17. | Josefin Lillhage | Väsby SS | 27,21 | -10 |
| 18. | Lovisa Ericsson | Täby Sim | 27,22 | -11 |
| 19. | Josefin Lindkvist | Väsby SS | 27,27 | -14 |
| 20. | Isabelle Höstman | Göteborgs Sim | 27,28 | -09 |

100 m fjärilsim

| | | | | |
|-----|-----------------------|----------------|---------|-----|
| 1. | Sarah Sjöström | Södertörns SS | 55,48 | -16 |
| 2. | Therese Alshammar | Täby Sim | 57,55 | -10 |
| 3. | Louise Hansson | Helsingborgs S | 57,99 | -18 |
| 4. | Martina Granström | Jönköpings SS | 58,07 | -12 |
| 5. | Anna-Karin Kammerling | Sundsvalls SS | 58,71 | -03 |
| 6. | Gabriella Fagundez | SK Ran | 58,73 | -09 |
| 7. | Sara Junevik | Falu SS | 58,89 | -17 |
| 8. | Johanna Sjöberg | Södertälje SS | 58,93 | -99 |
| 9. | Petra Granlund | Väsby SS | 59,46 | -09 |
| 10. | Hanna Rosvall | Ängelholms SS | 59,95 | -17 |
| 11. | Lucy Worall | Helsingborgs S | 1.00,16 | -12 |
| 12. | Christina Munkholm | Malmö KK | 1.00,24 | -12 |
| 13. | Ida Marko-Varga | SK Triton | 1.00,28 | -12 |
| 14. | Lena Hallander | Malmö KK | 1.00,37 | -04 |
| 15. | Stina Gardell | Spårvägen SF | 1.00,38 | -14 |
| 16. | Josefin Lindkvist | Väsby SS | 1.00,42 | -13 |
| 17. | Amalie Mikkelsen | Malmö KK | 1.00,49 | -17 |
| 18. | Ida Lindborg | MKK | 1.00,58 | -17 |
| 19. | Caroline Kuczynski | SK Ran | 1.01,00 | -12 |
| 20. | Agnes Wiiand | Väsby SS | 1.01,02 | -14 |

200 m fjärilsim

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|-----|--------------------|----------------|---------|-----|
| 1. | Martina Granström | Jönköpings SS | 2.07,83 | -12 |
| 2. | Petra Granlund | Väsby SS | 2.08,97 | -08 |
| 3. | Ida Marko-Varga | SK Triton | 2.09,38 | -11 |
| 4. | Sarah Sjöström | Södertörns SS | 2.12,22 | -10 |
| 5. | Gabriella Fagundez | SK Ran | 2.13,23 | -08 |
| 6. | Louise Hansson | Helsingborgs S | 2.13,25 | -18 |
| 7. | Mikaela Laurén | SK Neptun | 2.13,39 | -04 |
| 8. | Sara Nordenstam | Väsby SS | 2.13,79 | -02 |
| 9. | Johanna Sjöberg | Helsingborgs S | 2.14,01 | -97 |
| 10. | Michaela Ahlin | Polisens IF | 2.14,10 | -09 |
| 11. | Eva Berglund | Jönköpings SS | 2.14,83 | -09 |
| 12. | Ann Berglund | Jönköpings SS | 2.14,92 | -05 |
| 13. | Mia Brodén | Falu SS | 2.14,98 | -02 |
| 14. | Ida Sandin | Väsby SS | 2.15,04 | -11 |
| 15. | Matilda Larsson | Sjöbo SS | 2.15,16 | -09 |
| 16. | Agnes Wiiand | Väsby SS | 2.15,19 | -14 |
| 17. | Agneta Mårtensson | Karlslunds IF | 2.15,22 | -80 |
| 18. | Christina Munkholm | Malmö KK | 2.15,36 | -12 |
| 19. | Stina Gardell | Spårvägen SF | 2.15,75 | -11 |
| 20. | Therese Lundin | S 02 | 2.15,76 | -90 |

200 m medley

| | | | | |
|----|----------------|----------------|---------|-----|
| 1. | Stina Gardell | Spårvägens SF | 2.12,29 | -12 |
| 2. | Louise Hansson | Helsingborgs S | 2.12,72 | -15 |
| 3. | Emma Igelström | Spårvägens SF | 2.14,79 | -02 |
| 4. | Ida Sandin | Väsby SS | 2.14,91 | -11 |

| | | | | |
|-----|--------------------|----------------|---------|-----|
| 5. | Sara Thydén | Väsby SS | 2.15,01 | -11 |
| 6. | Martina Granström | Jönköpings SS | 2.15,03 | -12 |
| 7. | Ida Marko-Varga | SK Triton | 2.15,21 | -11 |
| 8. | Christina Munkholm | Malmö KK | 2.15,36 | -12 |
| 9. | Josefin Lillhage | Väsby SS | 2.15,82 | -07 |
| 10. | Jaqueline Hipp | Väsby SS | 2.16,35 | -15 |
| 11. | Louise Karlsson | Skäret SS | 2.16,37 | -96 |
| 12. | Sarah Sjöström | Södertörns SS | 2.16,56 | -11 |
| 13. | Sara Nordenstam | Väsby SS | 2.16,58 | -02 |
| 14. | Malin Svahnström | Väsby SS | 2.17,02 | -08 |
| 15. | Therese Svendsen | SK Ran | 2.17,32 | -11 |
| 16. | Joline Höstman | MASS | 2.17,37 | -13 |
| 17. | Una Finnman | SK Ran | 2.17,65 | -09 |
| 18. | Sophie Hansson | Helsingborgs S | 2.17,98 | -18 |
| 19. | Anette Philipsson | LASS | 2.17,99 | -88 |
| 20. | Shannyn Hultin | Uppsala S | 2.18,27 | -13 |

400 m medley

| | | | | |
|-----|-------------------|---------------|---------|-----|
| 1. | Stina Gardell | Spårvägen SF | 4.38,46 | -12 |
| 2. | Sara Thydén | Väsby SS | 4.46,26 | -11 |
| 3. | Eva Berglund | Jönköpings SS | 4.47,82 | -09 |
| 4. | Sara Nordenstam | Väsby SS | 4.49,23 | -02 |
| 5. | Martina Granström | Jönköpings SS | 4.50,18 | -13 |
| 6. | Jaqueline Hipp | Väsby SS | 4.50,47 | -16 |
| 7. | Sarah Henry | Polisens SIF | 4.51,09 | -10 |
| 8. | Shannyn Hultin | Uppsala S | 4.51,14 | -13 |
| 9. | Sofia Kraft | SK Ran | 4.51,88 | -85 |
| 10. | Ida Sandin | Väsby SS | 4.52,27 | -11 |
| 11. | Anette Philipsson | LASS | 4.52,77 | -88 |
| 12. | Joline Höstman | MASS | 4.53,05 | -13 |
| 13. | Ann Berglund | Jönköpings SS | 4.53,31 | -04 |
| 14. | Ann-Sofie Roos | KSLS | 4.53,49 | -79 |
| 15. | Frida Berggren | Västerås SS | 4.54,37 | -16 |
| 16. | Céline Bertrand | Skövde SS | 4.54,96 | -13 |
| 17. | Magdalena Schultz | Malmö KK | 4.55,15 | -93 |
| 18. | Astrid Armgarth | LASS | 4.55,63 | -07 |
| 19. | Linda Jönsson | Ystads SS | 4.56,37 | -04 |
| 20. | Ida Mattsson | Malmö KK | 4.56,56 | -04 |