

25m bana / Short Course

DAMER/WOMEN

50m frisim/free

| | | | | |
|-------|--------------------|---------|------------|-----|
| 25-29 | Mathilda Johansson | 25.82 | 2017-03-25 | SWE |
| 30-34 | Mette Jacobsen | 25.64 | 2006-03-25 | DEN |
| 35-39 | Johanna Sjöberg | 25.93 | 2016-05-07 | SWE |
| 40-44 | Marika Johansson | 26.40 | 2008-03-08 | SWE |
| 45-49 | Marika Johansson | 26.96 | 2011-03-19 | SWE |
| 50-54 | Anette Philipsson | 26.87 | 2015-03-21 | SWE |
| 55-59 | Maria Norberg | 28.84 | 2018-10-18 | SWE |
| 60-64 | Gunilla Rasmuson | 29.89 | 2017-03-25 | SWE |
| 65-69 | Bitte Axling | 32.62 | 2013-03-16 | SWE |
| 70-74 | Bitte Axling | 33.40 | 2017-03-04 | SWE |
| 75-79 | Elisabeth Ketelsen | 36.67 | 2018-11-03 | DEN |
| 80-84 | Heli Paalosalo | 42.85 | 2018-03-25 | FIN |
| 85-89 | Kerstin Gjöres | 52.47 | 2012-03-17 | SWE |
| 90-94 | Kerstin Gjöres | 1:04.20 | 2017-03-25 | SWE |

100m frisim/free

| | | | | |
|-------|--------------------|---------|-------------|-----|
| 25-29 | Berit Puggaard | 57.47 | 1998-10-31 | DEN |
| 30-34 | Mette Jacobsen | 56.41 | 2006-03-25 | DEN |
| 35-39 | Helena Åberg | 59.03 | 2006-10-07 | SWE |
| 40-44 | Raakel Luoto | 58.18 | 2017-03-18 | FIN |
| 45-49 | Anna Hammar | 59.30 | 2013-03-16 | SWE |
| 50-54 | Anette Philipsson | 1:00.80 | 2015-03-21 | SWE |
| 55-59 | Gunilla Rasmuson | 1:06.13 | 2015-03-21 | SWE |
| 60-64 | Gunilla Rasmuson | 1:08.83 | 2018-03-25 | SWE |
| 65-69 | Margareta Rainer | 1:14.83 | 2015-02-21 | SWE |
| 70-74 | Elisabeth Ketelsen | 1:18.35 | 2013-03-10 | DEN |
| 75-79 | Elisabeth Ketelsen | 1:22.09 | 2018-11-032 | DEN |
| 80-84 | Britt Grilli | 1:36.42 | 2008-03-09 | SWE |
| 85-89 | Eva-Britt Widahl | 2:04.98 | 2011-03-20 | SWE |
| 90-94 | Lis Knutzen | 2:35.64 | 2010-01-16 | DEN |

200m frisim/free

| | | | | |
|-------|-------------------------|----------------|------------------|------------|
| 25-29 | Anne Dalgaard | 2:08.55 | 2007-03-25 | DEN |
| 30-34 | Maria Vitazka | 2:09.44 | 2010-03-20 | SWE |
| 35-39 | Åsa Neij | 2:09.12 | 2010-03-20 | SWE |
| 40-44 | Merete Løvberg | 2:11.66 | 2012-04-11 | NOR |
| 45-49 | Merete Løvberg | 2:10.78 | 2015-03-14 | NOR |
| 50-54 | Merete Løvberg | 2:12.16 | 2017-03-25 | NOR |
| 55-59 | Gunilla Rasmuson | 2:26.05 | 2012-03-17 | SWE |
| 60-64 | Margareta Rainer | 2:35.20 | 2009-11-01 | SWE |
| 65-69 | Margareta Rainer | 2:48.31 | 2018-03-24 | SWE |
| 70-74 | Margareta Rainer | 2:52.62 | 2019-0105 | SWE |
| 75-79 | Elisabeth Ketelsen | 3:07.97 | 2018-03-10 | DEN |
| 80-84 | Britt Grilli | 3:43.24 | 2010-03-20 | SWE |
| 85-89 | Eva-Britt Widahl | 4:34.19 | 2011-03-20 | SWE |

NORDISKA MASTERSREKORD

2019-01-08

25m bana / Short Course

400m frisim/free

| | | | | |
|-------|-------------------------|----------------|-------------------|------------|
| 25-29 | Laura Lajunen | 4:28.87 | 2017-03-18 | FIN |
| 30-34 | Åsa Neij | 4:30.16 | 2006-03-25 | SWE |
| 35-39 | Åsa Neij | 4:29.71 | 2008-03-08 | SWE |
| 40-44 | Merete Løvberg | 4:39.25 | 2012-03-10 | NOR |
| 45-49 | Merete Løvberg | 4:37.49 | 2016-04-09 | NOR |
| 50-54 | Merete Løvberg | 4:41.32 | 2018-03-03 | NOR |
| 55-59 | Gunilla Rasmuson | 5:14.38 | 2015-03-22 | SWE |
| 60-64 | Margareta Rainer | 5:39.11 | 2009-03-21 | SWE |
| 65-69 | Margareta Rainer | 5:51.18 | 2014-10-03 | SWE |
| 70-74 | Margareta Rainer | 6:18.04 | 2019-01-05 | SWE |
| 75-79 | Elisabeth Ketelsen | 6:42.76 | 2018-10-13 | DEN |
| 80-84 | Britt Grilli | 7:53.24 | 2009-03-21 | SWE |
| 85-89 | Eva-Britt Widahl | 9:37.67 | 2011-03-20 | SWE |
| 90-94 | | | | |

800m frisim/free

| | | | | |
|-------|----------------------|----------|------------|-----|
| 25-29 | Laura Lajunen | 9:10.85 | 2017-03-17 | FIN |
| 30-34 | Åsa Neij | 9:14.03 | 2004-03-26 | SWE |
| 35-39 | Åsa Neij | 9:13.05 | 2008-03-07 | SWE |
| 40-44 | Marianne Fuglestveit | 9:43.59 | 2016-04-08 | NOR |
| 45-49 | Susanna Rosén | 9:25.12 | 2010-01-16 | SWE |
| 50-54 | Anne B Hegvold | 10:02.91 | 2016-04-08 | NOR |
| 55-59 | Margareta Rainer | 11:10.25 | 2005-04-15 | SWE |
| 60-64 | Margareta Rainer | 11:30.45 | 2009-03-20 | SWE |
| 65-69 | Margareta Rainer | 11:59.86 | 2014-03-28 | SWE |
| 70-74 | Elisabeth Ketelsen | 13:20.34 | 2016-03-12 | DEN |
| 75-79 | Elisabeth Ketelsen | 13:41.49 | 2018-10-12 | DEN |
| 80-84 | Heli Paalosalo | 15:55.52 | 2018-03-23 | FIN |
| 85-89 | Lis Knutzen | 21:40.60 | 2005-03-12 | DEN |

1500m frisim/free

| | | | | |
|-------|----------------------------|----------|------------|-----|
| 25-29 | Laura Lajunen | 17:16.61 | 2017-03-17 | FIN |
| 30-34 | Grith Sigsgaard | 18:06.33 | 2006-01-22 | DEN |
| 35-39 | Åsa Neij | 17:42.37 | 2010-03-19 | SWE |
| 40-44 | Marianne Fuglestveit | 18:45.75 | 2016-04-15 | NOR |
| 45-49 | Susanna Rosén | 18:34.95 | 2009-01-17 | SWE |
| 50-54 | Anne B Hegvold | 19:34.62 | 2017-03-24 | NOR |
| 55-59 | Birgitta Appelfeldt-Thylwe | 21:23.89 | 2014-03-14 | SWE |
| 60-64 | Margareta Rainer | 22:28.03 | 2010-03-19 | SWE |
| 65-69 | Margareta Rainer | 23:14.85 | 2014-03-14 | SWE |
| 70-74 | Elisabeth Ketelsen | 25:26.53 | 2015-03-07 | DEN |
| 75-79 | Elisabeth Ketelsen | 26:16.54 | 2018-03-10 | DEN |

NORDISKA MASTERSREKORD

2019-01-08

25m bana / Short Course

50m rygg/back

| | | | | |
|-------|--------------------|---------|------------|-----|
| 25-29 | Anu Koivisto | 28.80 | 2012-04-08 | NOR |
| 30-34 | Mette Jacobsen | 28.99 | 2006-03-25 | DEN |
| 35-39 | Claire Vilshed | 30.31 | 2018-03-24 | SWE |
| 40-44 | Raakel Luoto | 28.86 | 2017-01-14 | FIN |
| 45-49 | Anna Hammar | 31.88 | 2014-03-15 | SWE |
| 50-54 | Anna Hammar | 31.82 | 2018-03-24 | SWE |
| 55-59 | Maria Norberg | 34.37 | 2018-10-13 | SWE |
| 60-64 | Margit Ohlsson | 36.42 | 2005-10-02 | SWE |
| 65-69 | Margit Ohlsson | 36.58 | 2010-03-21 | SWE |
| 70-74 | Margit Ohlsson | 37.50 | 2015-03-21 | SWE |
| 75-79 | Elisabeth Ketelsen | 40.74 | 2018-02-17 | DEN |
| 80-84 | Kerstin Gjöres | 48.82 | 2007-03-24 | SWE |
| 85-89 | Kerstin Gjöres | 56.46 | 2012-03-17 | SWE |
| 90-94 | Kerstin Gjöres | 1:04.17 | 2017-03-26 | SWE |

100m rygg/back

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Therese Svendsen | 1:02.80 | 2016-05-08 | SWE |
| 30-34 | Mette Jacobsen | 1:02.88 | 2006-03-25 | DEN |
| 35-39 | Camilla J-Sponseller | 1:05.03 | 2011-04-17 | SWE |
| 40-44 | Raakel Luoto | 1:03.22 | 2018-03-24 | FIN |
| 45-49 | Anna Hammar | 1:08.49 | 2013-03-16 | SWE |
| 50-54 | Lise Lothe | 1:09.93 | 2017-03-17 | NOR |
| 55-59 | Anne Mannela | 1:14.75 | 2018-03-25 | SWE |
| 60-64 | Margit Ohlsson | 1:20.02 | 2006-03-26 | SWE |
| 65-69 | Margit Ohlsson | 1:18.81 | 2011-09-30 | SWE |
| 70-74 | Margit Ohlsson | 1:22.15 | 2015-03-22 | SWE |
| 75-79 | Elisabeth Ketelsen | 1:29.04 | 2018-03-10 | DEN |
| 80-84 | Kerstin Gjöres | 1:52.72 | 2007-03-25 | SWE |
| 85-89 | Kerstin Gjöres | 2:05.95 | 2012-03-18 | SWE |

200m rygg/back

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Therese Svendsen | 2:16.59 | 2016-05-07 | SWE |
| 30-34 | Linda Lund Tietze | 2:26.01 | 2017-03-11 | DEN |
| 35-39 | Camilla J-Sponseller | 2:17.61 | 2012-03-17 | SWE |
| 40-44 | Camilla J-Sponseller | 2:23.57 | 2018-03-24 | SWE |
| 45-49 | Lise Lothe | 2:35.70 | 2015-10-03 | NOR |
| 50-54 | Lise Lothe | 2:32.55 | 2018-03-03 | NOR |
| 55-59 | Anne Mannela | 2:50.68 | 2018-03-24 | SWE |
| 60-64 | Margit Ohlsson | 2:58.33 | 2007-10-06 | SWE |
| 65-69 | Margit Ohlsson | 2:55.02 | 2011-10-01 | SWE |
| 70-74 | Margit Ohlsson | 2:58.64 | 2015-03-15 | SWE |
| 75-79 | Elisabeth Ketelsen | 3:20.26 | 2018-03-11 | DEN |
| 80-84 | Kerstin Gjöres | 4:13.99 | 2010-03-20 | SWE |
| 85-89 | Kerstin Gjöres | 4:31.92 | 2012-03-17 | SWE |

25m bana / Short Course

50m bröstsim/breast

| | | | | |
|-------|-------------------|---------|------------|-----|
| 25-29 | Suvi Pulkkinen | 31.92 | 2015-03-28 | FIN |
| 30-34 | Suvi Pulkkinen | 32.24 | 2018-01-13 | FIN |
| 35-39 | Anna-Karin Lundin | 32.89 | 2011-03-20 | SWE |
| 40-44 | Anna Hammar | 33.81 | 2012-03-18 | SWE |
| 45-49 | Anna Hammar | 33.81 | 2013-03-17 | SWE |
| 50-54 | Anna Hammar | 34.17 | 2018-03-25 | SWE |
| 55-59 | Pia Thulstrup | 35.87 | 2017-11-04 | DEN |
| 60-64 | Torill Bergesen | 39.90 | 2018-03-02 | NOR |
| 65-69 | Bitte Axling | 43.21 | 2015-03-22 | SWE |
| 70-74 | Bitte Axling | 44.20 | 2018-03-25 | SWE |
| 75-79 | Heli Paalosalo | 50.75 | 2014-10-04 | FIN |
| 80-84 | Heli Paalosalo | 53.54 | 2018-03-24 | FIN |
| 85-89 | Lis Knutzen | 1:05.63 | 2005-11-05 | DEN |
| 90-94 | Lis Knutzen | 1:22.47 | 2010-01-16 | DEN |

100m bröstsim/breast

| | | | | |
|-------|----------------------------|---------|------------|-----|
| 25-29 | Linda Lund | 1:09.80 | 2009-11-07 | DEN |
| 30-34 | Annelin Breivoll Sternesen | 1:12.48 | 2014-03-28 | NOR |
| 35-39 | Anna-Karin Lundin | 1:12.13 | 2012-03-18 | SWE |
| 40-44 | Anna Hammar | 1:13.60 | 2012-03-18 | SWE |
| 45-49 | Anna Hammar | 1:12.64 | 2013-03-16 | SWE |
| 50-54 | Anna Hammar | 1:15.76 | 2018-03-24 | SWE |
| 55-59 | Pia Thulstrup | 1:19.90 | 2017-03-12 | DEN |
| 60-64 | Eva Bruusgaard | 1:30.02 | 2014-03-28 | NOR |
| 65-69 | Margareta Rainer | 1:38.62 | 2014-03-28 | SWE |
| 70-74 | Margit Ohlsson | 1:44.45 | 2014-03-14 | SWE |
| 75-79 | Heli Paalosalo | 1:52.20 | 2014-10-03 | FIN |
| 80-84 | Ulla-Britt Öberg | 2:05.30 | 2017-03-25 | SWE |
| 85-89 | Lis Knutzen | 2:28.12 | 2006-01-21 | DEN |

200m bröstsim/breast

| | | | | |
|-------|------------------------|---------|------------|-----|
| 25-29 | Linda Lund | 2:36.93 | 2009-03-07 | DEN |
| 30-34 | Elin Austevoll | 2:35.88 | 2012-03-04 | NOR |
| 35-39 | Kjerstin Helene Harnæs | 2:37.09 | 2018-03-03 | NOR |
| 40-44 | Satu Rahkonen | 2:44.52 | 2018-03-24 | FIN |
| 45-49 | Lotte Kobbeldgaard | 2:53.58 | 2009-03-07 | DEN |
| 50-54 | Kate Sørensen | 2:52.03 | 2011-03-05 | DEN |
| 55-59 | Kate Sørensen | 3:01.64 | 2016-03-13 | DEN |
| 60-64 | Eva Bruusgaard | 3:18.70 | 2014-03-29 | NOR |
| 65-69 | Margareta Rainer | 3:34.02 | 2014-10-04 | SWE |
| 70-74 | Randi Larsen | 4:00.76 | 2016-04-16 | NOR |
| 75-79 | Heli Paalosalo | 4:07.93 | 2013-03-24 | FIN |
| 80-84 | Lis Knutzen | 5:14.62 | 2003-01-25 | DEN |
| 85-89 | Lis Knutzen | 5:36.74 | 2005-03-12 | DEN |

25m bana / Short Course

50m fjärilsim/fly

| | | | | |
|-------|----------------------|-------|------------|-----|
| 25-29 | Mathilda Johansson | 27.81 | 2017-03-26 | SWE |
| 30-34 | Mette Jacobsen | 27.81 | 2006-03-25 | DEN |
| 35-39 | Johanna Sjöberg | 27.83 | 2016-05-08 | SWE |
| 40-44 | Raakel Luoto | 28.47 | 2018-01-13 | FIN |
| 45-49 | Anna Hammar | 29.88 | 2014-03-16 | SWE |
| 50-54 | Anna Hammar | 29.34 | 2018-03-25 | SWE |
| 55-59 | Maria Norberg | 30.78 | 2018-10-12 | SWE |
| 60-64 | Annicke Bergh Monsen | 34.65 | 2018-03-03 | NOR |
| 65-69 | Bitte Axling | 37.54 | 2015-03-22 | SWE |
| 70-74 | Bitte Axling | 38.95 | 2018-03-25 | SWE |
| 75-79 | Heli Paalosalo | 52.58 | 2015-03-29 | FIN |
| 80-84 | Heli Paalosalo | 54.45 | 2018-03-24 | FIN |

100m fjärilsim/fly

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Linda Lund | 1:01.70 | 2009-11-07 | DEN |
| 30-34 | Mette Jacobsen | 1:00.11 | 2006-03-25 | DEN |
| 35-39 | Sophia Skou | 1:03.96 | 2011-11-05 | DEN |
| 40-44 | Sophia Skou | 1:03.76 | 2015-11-07 | DEN |
| 45-49 | Merete Løvberg | 1:07.76 | 2014-03-29 | NOR |
| 50-54 | Janne Thorstensen | 1:07.83 | 2016-04-09 | NOR |
| 55-59 | Annicke Bergh Monsen | 1:20.92 | 2016-04-09 | NOR |
| 60-64 | Annicke Bergh Monsen | 1:25.43 | 2018-03-03 | NOR |
| 65-69 | Harriet Bure | 1:37.04 | 2011-03-19 | SWE |
| 70-74 | Harriet Bure | 1:41.28 | 2016-01-30 | SWE |
| 75-79 | Birthe Møller Jensen | 2:21.33 | 2007-02-03 | DEN |

200m fjärilsim/fly

| | | | | |
|-------|-----------------------|---------|------------|-----|
| 25-29 | Katrine Holm Sørensen | 2:22.37 | 2018-10-12 | DEN |
| 30-34 | Marianne Fugelstveit | 2:31.57 | 2012-04-06 | NOR |
| 35-39 | Anna Lohmann | 2:33.05 | 2011-03-19 | SWE |
| 40-44 | Sophia Skou | 2:24.17 | 2018-10-12 | DEN |
| 45-49 | Merete Løvberg | 2:35.91 | 2014-03-28 | NOR |
| 50-54 | Janne Thorstensen | 2:36.61 | 2016-04-08 | NOR |
| 55-59 | Ulla Olin | 3:17.87 | 2018-10-12 | DEN |
| 60-64 | Inga Siro | 3:49.84 | 2005-03-19 | FIN |
| 65-69 | Harriet Bure | 3:40.31 | 2011-03-19 | SWE |

NORDISKA MASTERSREKORD

2019-01-08

25m bana / Short Course

100m medley

| | | | | |
|-------|-----------------------|---------|------------|-----|
| 25-29 | Katrine Holm Sørensen | 1:04.11 | 2018-10-13 | DEN |
| 30-34 | Linda Lund Tietze | 1:05.02 | 2015-01-10 | DEN |
| 35-39 | Raakel Luoto | 1:06.76 | 2014-10-04 | FIN |
| 40-44 | Raakel Luoto | 1:04.32 | 2018-01-13 | FIN |
| 45-49 | Anna Hammar | 1:06.88 | 2013-03-16 | SWE |
| 50-54 | Anette Philipsson | 1:07.85 | 2015-11-07 | SWE |
| 55-59 | Maria Norbrg | 1:14.65 | 2018-10-13 | SWE |
| 60-64 | Torill Bergesen | 1:19.06 | 2018-03-04 | NOR |
| 65-69 | Margit Ohlsson | 1:24.08 | 2011-03-19 | SWE |
| 70-74 | Margit Ohlsson | 1:25.13 | 2015-04-11 | SWE |
| 75-79 | Heli Paalosalo | 1:45.16 | 2014-10-04 | FIN |
| 80-84 | Heli Paalosalo | 1:53.11 | 2018-03-24 | FIN |
| 85-89 | Lis Knutzen | 2:38.86 | 2005-11-05 | DEN |

200m medley

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Fanny D Lillieström | 2:21.82 | 2014-03-14 | SWE |
| 30-34 | Maria Vitazka | 2:25.64 | 2010-03-19 | SWE |
| 35-39 | Camilla J-Sponseller | 2:24.67 | 2012-03-16 | SWE |
| 40-44 | Anna Hammar | 2:27.43 | 2012-03-16 | SWE |
| 45-49 | Anna Hammar | 2:27.02 | 2014-03-14 | SWE |
| 50-54 | Anna Hammar | 2:30.33 | 2018-03-23 | SWE |
| 55-59 | Gunilla Rasmuson | 2:50.72 | 2012-03-16 | SWE |
| 60-64 | Annicke Bergh Monsen | 3:03.01 | 2018-03-03 | NOR |
| 65-69 | Margit Ohlsson | 3:11.69 | 2010-03-19 | SWE |
| 70-74 | Margit Ohlsson | 3:15.46 | 2015-07-12 | SWE |
| 75-79 | Grethe Bendtsen | 4:01.38 | 2006-10-07 | DEN |

400m medley

| | | | | |
|-------|-----------------------|---------|------------|-----|
| 25-29 | Katrine Holm Sørensen | 5:03.68 | 2018-10-13 | DEN |
| 30-34 | Linda Castengren | 5:14.50 | 2015-03-20 | SWE |
| 35-39 | Satu Rahkonen | 5:15.76 | 2013-03-22 | FIN |
| 40-44 | Satu Rahkonen | 5:14.50 | 2018-03-23 | FIN |
| 45-49 | Merete Løvberg | 5:27.37 | 2013-03-09 | NOR |
| 50-54 | Anette Philipsson | 5:29.40 | 2017-03-25 | SWE |
| 55-59 | Maria Rhodin | 6:40.49 | 2011-03-18 | SWE |
| 60-64 | Maria Rhodin | 7:03.88 | 2015-03-20 | SWE |
| 65-69 | Harriet Bure | 7:21.05 | 2011-02-05 | SWE |
| 70-74 | Inga Siro | 8:40.90 | 2016-03-11 | FIN |
| 75-79 | Birthe Møller Jensen | 9:36.82 | 2007-03-25 | DEN |

NORDISKA MASTERSREKORD

2019-01-08

25m bana / Short Course

HERRAR/MEN

50m frisim/free

| | | | | |
|-------|---------------------|---------|------------|-----|
| 25-29 | Ari-Pekka Liukkonen | 21.95 | 2016-05-07 | FIN |
| 30-34 | Petter Stymne | 22.38 | 2015-03-21 | SWE |
| 35-39 | Jan Karlsson | 23.12 | 2003-03-22 | SWE |
| 40-44 | Tommy Rundgren | 23.57 | 2009-03-28 | FIN |
| 45-49 | Joakim Holmquist | 23.29 | 2016-05-07 | SWE |
| 50-54 | Janne Virtanen | 24.94 | 2014-03-29 | FIN |
| 55-59 | Leonard Bielicz | 25.80 | 2007-03-24 | SWE |
| 60-64 | Leonard Bielicz | 26.40 | 2011-10-01 | SWE |
| 65-69 | Leonard Bielicz | 26.67 | 2016-05-07 | SWE |
| 70-74 | Peter Bergengren | 28.28 | 2008-03-08 | SWE |
| 75-79 | Anders Söderqvist | 31.40 | 2008-03-08 | SWE |
| 80-84 | Lauri Malk | 33.30 | 2018-03-25 | FIN |
| 85-89 | Per Sturla Hofmo | 40.69 | 2016-04-08 | NOR |
| 90-94 | Nils Ferm | 48.47 | 2007-03-24 | SWE |
| 95-99 | Jan Høeg | 1:02.99 | 2018-03-04 | NOR |

100m frism/free

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Jesper Levander | 50.88 | 2006-03-26 | SWE |
| 30-34 | Peter Edvardsson | 50.51 | 2011-03-19 | SWE |
| 35-39 | Claus Lerche Iversen | 51.71 | 2012-11-03 | DEN |
| 40-44 | Lars Frölander | 50.58 | 2015-03-21 | SWE |
| 45-49 | Jarl Inge Melberg | 52.61 | 2015-03-13 | NOR |
| 50-54 | Ola Söderberg | 55.08 | 2016-05-08 | SWE |
| 55-59 | Haakon Schram Stokke | 55.61 | 2016-04-10 | NOR |
| 60-64 | Leonard Bielicz | 59.47 | 2011-10-01 | SWE |
| 65-69 | Leonard Bielicz | 1:00.37 | 2016-05-08 | SWE |
| 70-74 | Peter Bergengren | 1:04.66 | 2008-03-09 | SWE |
| 75-79 | Anders Söderqvist | 1:15.37 | 2008-03-09 | SWE |
| 80-84 | Lauri Malk | 1:16.99 | 2017-01-15 | FIN |
| 85-89 | Nils Ferm | 1:43.44 | 2002-04-28 | SWE |
| 90-94 | Nils Ferm | 2:00.31 | 2007-03-25 | SWE |

200m frisim/free

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Jacob Lercke Skytte | 1:52.91 | 2011-09-30 | DEN |
| 30-34 | Jacob Carstensen | 1:48.40 | 2008-01-19 | DEN |
| 35-39 | Claus Lerche Iversen | 1:53.69 | 2015-03-07 | DEN |
| 40-44 | Claus Lerche Iversen | 1:51.91 | 2017-03-12 | DEN |
| 45-49 | Jarl Inge Melberg | 1:56.26 | 2015-03-14 | NOR |
| 50-54 | Oddvar Sandvin | 2:03.57 | 2016-05-07 | NOR |
| 55-59 | Anders Haglund | 2:05.44 | 2016-05-07 | SWE |
| 60-64 | Rune Sjøblom | 2:19.61 | 2017-03-25 | NOR |
| 65-69 | Glen Bengtsson | 2:25.75 | 2015-03-14 | SWE |
| 70-74 | Lauri Malk | 2:34.58 | 2007-10-05 | FIN |
| 75-79 | Lauri Malk | 2:43.13 | 2012-04-07 | FIN |
| 80-84 | Lauri Malk | 2:59.51 | 2018-03-24 | FIN |
| 85-89 | Nils Ferm | 3:56.53 | 2002-02-09 | SWE |
| 90-94 | Nils Ferm | 4:27.02 | 2007-10-06 | SWE |

NORDISKA MASTERSREKORD
25m bana / Short Course

2019-01-08

400m frisim/free

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Mikael Rosen | 4:01.85 | 2001-03-17 | SWE |
| 30-34 | Claus Lerche Iversen | 4:02.13 | 2011-09-30 | DEN |
| 35-39 | Jacob Carstensen | 3:59.71 | 2013-03-09 | DEN |
| 40-44 | Jacob Carstensen | 4:02.00 | 2018-10-13 | DEN |
| 45-49 | Jarl Inge Melberg | 4:09.93 | 2016-04-09 | NOR |
| 50-54 | Erlend Alstad | 4:26.35 | 2017-01-20 | NOR |
| 55-59 | Anders Haglund | 4:42.52 | 2018-10-13 | SWE |
| 60-64 | Conny Mindemark | 5:00.77 | 2017-03-26 | SWE |
| 65-69 | Ulf Gabriëlsson | 5:17.83 | 2013-03-15 | SWE |
| 70-74 | Lauri Malk | 5:36.56 | 2009-03-28 | FIN |
| 75-79 | Lauri Malk | 5:55.58 | 2012-03-30 | FIN |
| 80-84 | Lauri Malk | 6:21.78 | 2018-02-04 | FIN |
| 85-89 | Nils Ferm | 7:58.36 | 2002-02-09 | SWE |
| 90-94 | Nils Ferm | 9:16.99 | 2007-03-24 | SWE |

800m frisim/free

| | | | | |
|-------|----------------------|----------|------------|-----|
| 25-29 | Mikael Rosen | 8:19.15 | 2001-03-16 | SWE |
| 30-34 | Tony Lennartsson | 8:35.17 | 1995-03-31 | SWE |
| 35-39 | Mikael E Rosén | 8:33.39 | 2009-03-20 | SWE |
| 40-44 | Mikael E Rosén | 8:52.62 | 2014-03-14 | SWE |
| 45-49 | Jarl Inge Melberg | 8:57.11 | 2016-10-14 | NOR |
| 50-54 | Erlend Alstad | 9:11.73 | 2017-01-22 | NOR |
| 55-59 | Anders Haglund | 9:39.20 | 2018-10-12 | SWE |
| 60-64 | Conny Mindemark | 10:21.60 | 2018-03-23 | SWE |
| 65-69 | Fin Biering-Sørensen | 11:20.42 | 2015-01-10 | DEN |
| 70-74 | Lauri Malk | 11:44.54 | 2009-03-20 | FIN |
| 75-79 | Lauri Malk | 12:17.59 | 2012-03-30 | FIN |
| 80-84 | Lauri Malk | 13:08.45 | 2018-02-04 | FIN |
| 85-89 | Nils Ferm | 16:38.41 | 2003-03-21 | SWE |
| 90-94 | Nils Ferm | 18:36.25 | 2008-03-07 | SWE |

1500m frisim/free

| | | | | |
|-------|----------------------|----------|------------|-----|
| 25-29 | Thord Monsen | 16:38.18 | 2012-03-04 | NOR |
| 30-34 | Anders Kroon | 17:02.31 | 2007-10-05 | SWE |
| 35-39 | Mikael E Rosén | 16:43.08 | 2011-03-18 | SWE |
| 40-44 | Jacob Carstensen | 16:38.08 | 2018-03-10 | DEN |
| 45-49 | Erlend Alstad | 17:31.38 | 2012-03-12 | NOR |
| 50-54 | Erlend Alstad | 17:42.17 | 2017-01-19 | NOR |
| 55-59 | Petter Ulvestad | 18:37.10 | 2016-04-08 | NOR |
| 60-64 | Conny Mindemark | 19:58.46 | 2017-03-24 | SWE |
| 65-69 | Fin Biering-Sørensen | 21:34.72 | 2004-01-11 | DEN |
| 70-74 | Fin Biering-Sørensen | 22:15.04 | 2018-03-02 | DEN |
| 75-79 | Lauri Malk | 23:38.40 | 2012-03-30 | FIN |
| 80-84 | Lauri Malk | 26:40.90 | 2018-03-23 | FIN |
| 85-89 | Nils Ferm | 32:43.03 | 2003-05-10 | SWE |
| 90-94 | Nils Ferm | 38:17.40 | 2007-10-05 | SWE |

NORDISKA MASTERSREKORD

2019-01-08

25m bana / Short Course

50m rygg/back

| | | | | |
|-------|-----------------|---------|------------|-----|
| 25-29 | Simon Sjödin | 25.17 | 2013-03-17 | SWE |
| 30-34 | Jiri Lepola | 26.00 | 2005-03-19 | FIN |
| 35-39 | Petter Sjødal | 26.09 | 2014-03-28 | NOR |
| 40-44 | Daniel Lönnberg | 26.33 | 2015-03-21 | SWE |
| 45-49 | Daniel Lönnberg | 26.60 | 2017-03-26 | SWE |
| 50-54 | Janne Virtanen | 29.33 | 2014-03-29 | FIN |
| 55-59 | Lennart Mentor | 30.76 | 2016-05-07 | SWE |
| 60-64 | Mikael Nyström | 32.79 | 2018-03-25 | SWE |
| 65-69 | Glen Bengtsson | 33.97 | 2016-04-09 | SWE |
| 70-74 | Kjell Hanserius | 35.80 | 2017-03-25 | SWE |
| 75-79 | Eric Forslund | 39.70 | 2012-02-12 | SWE |
| 80-84 | Eric Forslund | 42.38 | 2017-03-04 | SWE |
| 85-89 | Nils Ferm | 49.86 | 2003-03-22 | SWE |
| 90-94 | Nils Ferm | 56.02 | 2007-03-24 | SWE |
| 95-99 | Jan Høeg | 1:24.61 | 2018-05-05 | NOR |

100m rygg/back

| | | | | |
|-------|---------------------|---------|------------|-----|
| 25-29 | Tero Rätty | 55.15 | 2004-03-28 | FIN |
| 30-34 | Jacob Lercke Skytte | 57.31 | 2015-03-07 | DEN |
| 35-39 | Petter Sjødal | 57.93 | 2014-03-29 | NOR |
| 40-44 | Daniel Lönnberg | 57.36 | 2015-03-22 | SWE |
| 45-49 | Daniel Lönnberg | 57.96 | 2017-03-26 | SWE |
| 50-54 | Janne Virtanen | 1:04.68 | 2014-03-30 | FIN |
| 55-59 | Petter Ulvestad | 1:08.20 | 2015-03-13 | NOR |
| 60-64 | Ronny Oltner | 1:10.76 | 2016-05-08 | SWE |
| 65-69 | Glen Bengtsson | 1:15.79 | 2016-04-10 | SWE |
| 70-74 | Hannu Kuokkanen | 1:23.53 | 2018-01-27 | FIN |
| 75-79 | Ivar Wallmark | 1:30.90 | 2018-03-25 | SWE |
| 80-84 | Lauri Malk | 1:35.77 | 2018-04-15 | FIN |
| 85-89 | Nils Ferm | 1:55.56 | 2004-03-28 | SWE |
| 90-94 | Nils Ferm | 2:05.76 | 2009-03-22 | SWE |

200m rygg/back

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Sten-Olof Gustafsson | 2:05.67 | 2010-03-20 | SWE |
| 30-34 | Jacob Lercke Skytte | 2:04.69 | 2015-03-08 | DEN |
| 35-39 | Mark Vogel | 2:07.80 | 2006-03-25 | DEN |
| 40-44 | Mark Vogel | 2:06.66 | 2010-03-06 | DEN |
| 45-49 | Mark Vogel | 2:15.40 | 2015-03-08 | DEN |
| 50-54 | Erlend Alstad | 2:23.68 | 2017-01-22 | NOR |
| 55-59 | Petter Ulvestad | 2:25.63 | 2015-03-15 | NOR |
| 60-64 | Veikko Mattola | 2:39.11 | 2016-05-07 | SWE |
| 65-69 | Martti Laajus | 2:50.92 | 2017-12-16 | FIN |
| 70-74 | Fin Biering-Sørensen | 3:06.43 | 2018-02-24 | DEN |
| 75-79 | Ivar Wallmark | 3:22.02 | 2018-03-24 | SWE |
| 80-84 | Lauri Malk | 3:29.36 | 2018-01-27 | FIN |
| 85-89 | Nils Ferm | 4:09.25 | 2003-11-15 | SWE |
| 90-94 | Nils Ferm | 4:29.54 | 2007-10-27 | SWE |

NORDISKA MASTERSREKORD
25m bana / Short Course

2019-01-08

50m bröstsim/breast

| | | | | |
|-------|---------------------|---------|------------|-----|
| 25-29 | Ari-Pekka Liukkonen | 27.85 | 2016-05-07 | FIN |
| 30-34 | Björn C-G Eriksson | 29.13 | 2013-03-17 | SWE |
| 35-39 | Per Svanberg | 28.63 | 2009-03-22 | SWE |
| 40-44 | Stefan Scherling | 29.55 | 2016-10-15 | SWE |
| 45-49 | Joakim Holmquist | 29.22 | 2016-05-08 | SWE |
| 50-54 | Tor Arne Pedersen | 30.44 | 2018-03-25 | NOR |
| 55-59 | Håkan Persson | 31.92 | 2018-03-25 | SWE |
| 60-64 | Ronny Oltner | 34.22 | 2016-05-08 | SWE |
| 65-69 | Einari Kirjavainen | 35.94 | 2008-03-30 | FIN |
| 70-74 | Hannu Kuokkanen | 37.74 | 2018-01-13 | FIN |
| 75-79 | Matthias Kroner | 41.28 | 2018-01-20 | SWE |
| 80-84 | Esko Salonen | 47.01 | 2006-01-28 | FIN |
| 85-89 | Per Sturla Hofmo | 53.95 | 2016-04-10 | NOR |
| 90-94 | Jan Høeg | 1:04.63 | 2013-03-09 | NOR |
| 95-99 | Jan Høeg | 1:16.93 | 2018-03-02 | NOR |

100m bröstsim/breast

| | | | | |
|-------|-------------------|---------|------------|-----|
| 25-29 | Niklas Tour | 1:01.99 | 2014-03-15 | SWE |
| 30-34 | Jonas Bengtling | 1:03.98 | 2014-02-01 | SWE |
| 35-39 | Per Svanberg | 1:03.77 | 2009-03-21 | SWE |
| 40-44 | Tero Matkaniemi | 1:06.60 | 2013-09-21 | FIN |
| 45-49 | Stefan Scherling | 1:05.36 | 2018-03-24 | SWE |
| 50-54 | Tor Arne Pedersen | 1:07.52 | 2015-03-21 | NOR |
| 55-59 | Håkan Persson | 1:13.18 | 2018-03-24 | SWE |
| 60-64 | Albert Kostitsin | 1:15.92 | 2002-03-09 | FIN |
| 65-69 | Rolf Tegeback | 1:21.32 | 2014-03-15 | SWE |
| 70-74 | Hannu Kuokkanen | 1:25.13 | 2018-03-25 | FIN |
| 75-79 | Matthias Kroner | 1:34.53 | 2018-03-24 | SWE |
| 80-84 | Esko Salonen | 1:44.23 | 2006-03-25 | FIN |
| 85-89 | Nils Ferm | 2:21.53 | 2002-10-05 | SWE |

200m bröstsim/breast

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Niklas Tour | 2:14.87 | 2015-03-21 | SWE |
| 30-34 | Glen Christiansen | 2:22.80 | 1987-01-31 | SWE |
| 35-39 | Jacob Carstensen | 2:23.82 | 2017-03-11 | DEN |
| 40-44 | Jacob Carstensen | 2:21.79 | 2018-10-13 | DEN |
| 45-49 | Stefan Scherling | 2:30.13 | 2017-03-25 | SWE |
| 50-54 | Erlend Alstad | 2:33.23 | 2017-01-21 | NOR |
| 55-59 | Glen Christiansen | 2:41.91 | 2012-02-08 | SWE |
| 60-64 | Glen Christiansen | 2:52.30 | 2017-06-17 | SWE |
| 65-69 | Rolf Tegeback | 3:08.22 | 2014-10-04 | SWE |
| 70-74 | Fin Biering-Sørensen | 3:20.17 | 2018-02-24 | DEN |
| 75-79 | Esko Salonen | 3:28.02 | 2001-03-31 | FIN |
| 80-84 | Esko Salonen | 3:52.49 | 2007-03-24 | FIN |
| 85-89 | Nils Ferm | 5:14.08 | 2002-11-16 | SWE |

NORDISKA MASTERSREKORD
25m bana / Short Course

2019-01-08

50m fjärilsim/fly

| | | | | |
|-------|----------------------|-------|------------|-----|
| 25-29 | Antti Kasvio | 24.82 | 1998-02-07 | FIN |
| 30-34 | Tero Rätty | 25.06 | 2009-03-29 | FIN |
| 35-39 | Lars Frölander | 23.72 | 2011-03-20 | SWE |
| 40-44 | Lars Frölander | 24.14 | 2014-03-16 | SWE |
| 45-49 | Jan Karlsson | 25.58 | 2013-03-17 | SWE |
| 50-54 | Haakon Schram Stokke | 27.24 | 2014-03-14 | NOR |
| 55-59 | Haakon Schram Stokke | 27.22 | 2016-04-09 | NOR |
| 60-64 | Leonard Bielicz | 28.52 | 2013-03-17 | SWE |
| 65-69 | Leonard Bielicz | 29.38 | 2017-03-26 | SWE |
| 70-74 | Hannu Kuokkanen | 31.47 | 2018-01-27 | FIN |
| 75-79 | Lauri Malk | 38.11 | 2013-01-19 | FIN |
| 80-84 | Lauri Malk | 40.00 | 2018-01-13 | FIN |
| 85-89 | Per Sturla Hofmo | 58.95 | 2017-03-25 | NOR |

100m fjärilsim/fly

| | | | | |
|-------|--------------------------|---------|------------|-----|
| 25-29 | Nikolaj Kirketerp-Møller | 55.32 | 2016-03-12 | DEN |
| 30-34 | Martin Harlenbäck | 55.51 | 2013-03-16 | SWE |
| 35-39 | Claus Lerche Iversen | 56.71 | 2013-03-10 | DEN |
| 40-44 | Lars Frölander | 53.81 | 2014-03-15 | SWE |
| 45-49 | Jarl Inge Melberg | 58.46 | 2015-03-14 | NOR |
| 50-54 | Haakon Schram Stokke | 1:00.55 | 2014-03-29 | NOR |
| 55-59 | Haakon Schram Stokke | 1:01.74 | 2016-04-09 | NOR |
| 60-64 | Leonard Bielicz | 1:06.07 | 2012-03-17 | SWE |
| 65-69 | Leonard Bielicz | 1:07.79 | 2016-05-07 | SWE |
| 70-74 | Hannu Kuokkanen | 1:24.43 | 2018-03-24 | FIN |
| 75-79 | Lauri Malk | 1:27.39 | 2012-04-07 | FIN |
| 80-84 | Lauri Malk | 1:32.38 | 2017-04-08 | FIN |

200m fjärilsim/fly

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Andreas Edlund | 2:06.07 | 2014-05-25 | SWE |
| 30-34 | Mark Vogel | 2:12.63 | 2000-04-30 | DEN |
| 35-39 | Claus Lerche Iversen | 2:06.24 | 2016-03-13 | DEN |
| 40-44 | Mark Vogel | 2:12.36 | 2010-03-06 | DEN |
| 45-49 | Øyvind Nyhus | 2:19.24 | 2016-04-08 | NOR |
| 50-54 | Oddvar Sandvn | 2:23.05 | 2016-04-08 | NOR |
| 55-59 | Magne Klemmetsen | 2:40.42 | 2018-03-02 | NOR |
| 60-64 | Hannu Kuokkanen | 2:57.63 | 2009-03-28 | FIN |
| 65-69 | Lauri Malk | 3:15.38 | 2003-03-29 | FIN |
| 70-74 | Lauri Malk | 3:32.22 | 2009-03-28 | FIN |
| 75-79 | Lauri Malk | 3:27.34 | 2013-03-23 | FIN |
| 80-84 | Lauri Malk | 3:43.11 | 2017-03-26 | FIN |

NORDISKA MASTERSREKORD
25m bana / Short Course

2019-01-08

100m medley

| | | | | |
|-------|-------------------|---------|------------|-----|
| 25-29 | Antti Kasvio | 55.88 | 1998-02-07 | FIN |
| 30-34 | Jacob Carstensen | 57.02 | 2009-03-07 | DEN |
| 35-39 | Hasse Nilsson | 59.43 | 2004-03-27 | SWE |
| 40-44 | Jacob Carstensen | 59.54 | 2018-10-13 | DEN |
| 45-49 | Daniel Lönnberg | 1:00.40 | 2017-03-25 | SWE |
| 50-54 | Tor Arne Pedersen | 1:03.68 | 2015-03-13 | NOR |
| 55-59 | Håkan Persson | 1:06.73 | 2018-11-03 | SWE |
| 60-64 | Ronny Oltner | 1:09.96 | 2016-05-07 | SWE |
| 65-69 | Hannu Kuokkanen | 1:14.62 | 2013-10-19 | FIN |
| 70-74 | Hannu Kuokkanen | 1:15.92 | 2018-03-24 | FIN |
| 75-79 | Lauri Malk | 1:30.60 | 2013-01-19 | FIN |
| 80-84 | Lauri Malk | 1:36.93 | 2018-03-24 | FIN |
| 85-89 | Per Sturla Hofmo | 1:55.48 | 2016-04-09 | NOR |

200m medley

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Jacob Lercke Skytte | 2:05.64 | 2011-10-01 | DEN |
| 30-34 | Jacob Carstensen | 2:05.74 | 2008-01-19 | DEN |
| 35-39 | Claus Lerche Iversen | 2:10.11 | 2013-03-09 | DEN |
| 40-44 | Øyvind Nyhus | 2:16.44 | 2012-10-11 | NOR |
| 45-49 | Jarl Inge Melberg | 2:16.71 | 2018-03-03 | NOR |
| 50-54 | Erlend Alstad | 2:19.05 | 2017-01-20 | NOR |
| 55-59 | Petter Ulvestad | 2:29.74 | 2016-04-08 | NOR |
| 60-64 | Ronny Oltner | 2:39.44 | 2017-03-24 | SWE |
| 65-69 | Hannu Kuokkanen | 2:54.30 | 2013-03-23 | FIN |
| 70-74 | Hannu Kuokkanen | 2:59.57 | 2018-03-24 | FIN |
| 75-79 | Lauri Malk | 3:29.43 | 2013-03-23 | FIN |
| 80-84 | Lauri Malk | 3:51.36 | 2017-03-18 | FIN |

400m medley

| | | | | |
|-------|----------------------|---------|------------|-----|
| 25-29 | Jørgen Møllerop | 4:40.47 | 2013-03-09 | NOR |
| 30-34 | Ville Korpi | 4:44.86 | 2014-10-04 | FIN |
| 35-39 | Claus Lerche Iversen | 4:30.09 | 2015-03-08 | DEN |
| 40-44 | Jacob Carstensen | 4:34.67 | 2018-03-11 | DEN |
| 45-49 | Jon Lundqvist | 4:53.87 | 2016-05-06 | SWE |
| 50-54 | Erlend Alstad | 4:59.37 | 2017-03-25 | NOR |
| 55-59 | Petter Ulvestad | 5:24.68 | 2015-03-14 | NOR |
| 60-64 | Glen Christiansen | 5:46.82 | 2018-03-23 | SWE |
| 65-69 | Hannu Kuokkanen | 6:28.69 | 2015-03-27 | FIN |
| 70-74 | Hannu Kuokkanen | 6:31.31 | 2018-03-23 | FIN |
| 75-79 | Lauri Malk | 7:37.75 | 2012-03-10 | FIN |
| 80-84 | Lauri Malk | 8:32.83 | 2017-03-17 | FIN |

Anmälan om rekord sändes till: margitohlsson@hotmail.com