

Invitation

Swedish Open Youth Championships in synchronized swimming 17th -19th of May 2019 in Stockholm

The Swedish Swimming Federation and SK Neptun, Järfälla Simsällskap and Täby Synchron have the pleasure to invite you to the Swedish Open Youth Championships in synchronized swimming 17th-19th of May 2019 in the swimming pool of Eriksdalsbadet in Stockholm.

Participation: Each federation/club is allowed to participate with:

2 solos, 2 duets, 1 team in age group A (16-18 year), B (13-15 year), C (12 year and younger) and 1 combination team. Combination allows members from A and B in the same team. Competitors are only allowed to participate in one age group. Age group A (16-18 years) will compete in technical solo, duet and team. Age group B (13-15) and C (12 and under) will compete in figures.

Each competitor's identity and date of birth will be checked according to L.E.N rule E 13.1

Rules: The competition will be held according to FINA rules 2017-2021 and the rules of the Swedish Swimming Federation (SSF).

SSF rules changes the following FINA rules:

- SSAG 2.2 and 5.1 - A combination team can have mixed age groups. 13-15 and juniors.
- SSAG 6 - Time limits for all combination team will be 4.00 minutes.
- SS 4.4 - Combination teams can have 4-10 swimmers in the team.
- SS 13.2 - At least 2 parts of the combination routine has to be with all swimmers in the team.
- SS 18.2 - Combination teams with less than 8 swimmers will be given penalty depending on how many team members that participate:

8-10 swimmers - No penalty

7 swimmers - 0.5 points

6 swimmers - 1.0 points

5 swimmers - 2.0 points

4 swimmers - 3.0 points

Entry: Please send the preliminary entry no later than the 1st of March 2019.

Final entry no later than the 10th of April 2019

Entry forms are enclosed.

Please send the entries to: synchro.anmalan@gmail.com

Entry fee: Entry fees 200 SEK/compeditor in figures and solos. 250 SEK/duet, team and combination team.

Music: CD or audio files can be used. They should be of good quality according to FINA rules.
Clearly labelled with federation, club, discipline and name (one CD per program).

Audiofiles or CD's must be no later than 2019-04-10 to:

Mr. David Kornelson

Vaniljvägen 5

123 55 Farsta

Sweden

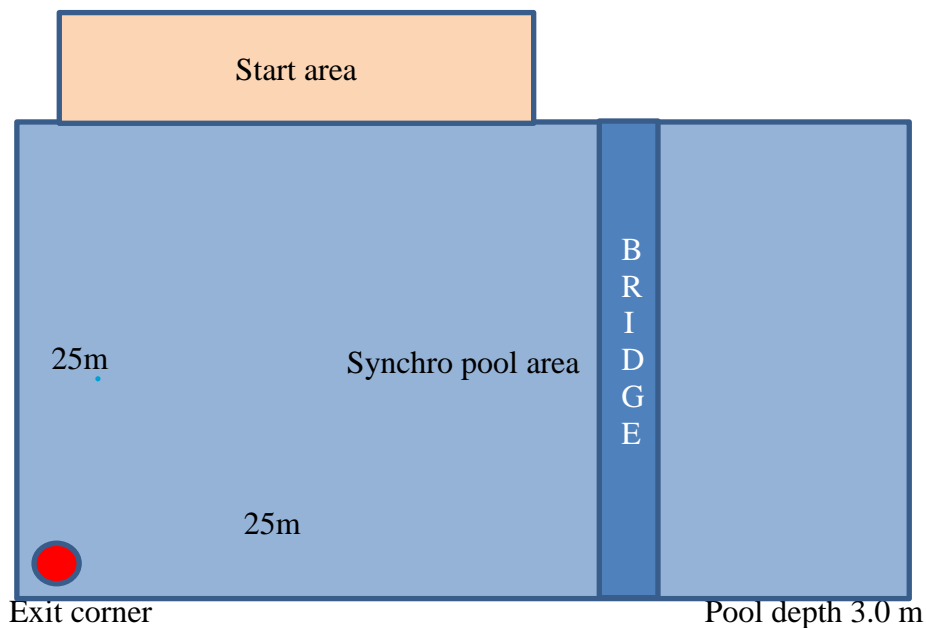
e-mail: david.kornelson@gmail.com

Bring also one copy of the music to the competition.

Draw of figures: Draw of figures Wednesday May 15th at 09.00. Information will be published on
www.svensksimidrott.se

Swimming pool: Eriksdalsbadet, Hammarby Slussväg 20, Stockholm.

Pool area:



Judges: Federations/clubs are kindly requested to bring judges.

Accommodation: We kindly ask the participating team to book accommodation themselves. Below in this invitation you can find some suggestions of Hotels located close to the swimming pool.

Meals: We offer lunch packages for Saturday och Sunday 18th-19th of May.

Price is: 100 SEK/person/day. See enclosed order form. Lunch orders have to be sent to synchro.anmalan@gmail.com no later than 2019-04-10.

Other lunches, dinners and snacks have to be arranged and paid for on their own.

There is a restaurant in the pool area.



Svenska Simförbundet
Heliosgatan 3
120 30 Stockholm
svensksimidrott.se

Payments: Payments for meals and entry have to be made **no later than** 2018-04-30 according to directions below:

Account-holder: NEPTUN SIMKLUBB

Swift/BIC: HANDSESS

IBAN: SE 68 6000 0000 0006 5916 7182

Currency: SEK

Bank: Handelsbanken, 6126 STOCKHOLM SKANSTULL

Send a receipt of the payment to: synchro.anmalan@gmail.com **no later than 2018-04-30.**

Schedule: Below you find the preliminary schedule. Final schedule will be set after the date for final entry.

Information: Annika Bäcklin Freund synchro.anmalan@gmail.com

WELCOME TO ERIKSDALSBADET!

With kind regards,

Swedish swimming federation

SK Neptun

Järfälla Simsällskap

Täby Synchro



Prel. schedule: Friday, 17th of May

- 10.00 Doors open for admission
- 10:00-12:00 Swimming without music
- 12.00-19.00 Swimming with music according to schedule
- 19.00-20.00 Swimming without music

Changing rooms and swimming hall area to be empty by 21:00

Saturday, 18th of May

- 07:30 Doors open for admission
- 07:30-08:25 Swimming without music
- 07:45-08:15 Judges and Team Captains meeting
- 08:30-10.00 B and C figure competition, 4 panels
- 10:30- 12.30 Junior technical solo, duet and team
- 11:00-13:30 Lunch in the restaurant
- 13:45-14:00 Gathering before the opening ceremony
- 14:00-14:30 Opening Ceremony
- 15:00-19:00 Music sessions

Changing rooms and swimming hall area to be empty by 20:00

Sunday, 19th of May

- 07:30 Doors open for admission
- 07:30-08:40 Swimming without music
- 07:45-08:30 Judges and Team Captains meeting
- 08:45-16:30 Music sessions
- 12:00-13:35 Lunch in the restaurant
- 17:00 Awards Ceremony

Accommodation proposals

Hotels:

Clarion Hotel Stockholm (situated near the swimming pool)

Ringvägen 98

104 60 Stockholm

Tel: +45 8 462 10 10

Fax no: +46 8 462 10 99

E-mail: reservation.stockholm@choice.se

Website: www.clarionstockholm.com

Scandic Hotel Malmen (situated 1100 meters from the swimming pool)

Götgatan 49-51

102 66 Stockholm

Tel: +46 8 517 347 00

Fax no: +46 8 517 347 11

E-mail: malmen@scandichotels.com

Website: www.scandichotels.se/malmen

Hostels:

Mosebacke Hostel

Högbergsgatan 26

116 20 Stockholm

Tel: +46 8 641 64 60

Fax no: +46 8 550 025 29

E-mail: info@mosebackehostel.se, bokning@mosebackehostel.se

Website: www.mosebackehostel.se



Svenska Simförbundet
Heliosgatan 3
120 30 Stockholm
svensksimidrott.se

Skanstull Hostel (situated near the swimming pool)

Ringvägen 135

116 61 Stockholm

Tel: +46 8 643 02 04

E-mail: bokning@skanstullsvandrahem.se

Website: www.skanstullsvandrarhem.se

Zinkensdamm Hostel (appr. 2km from the swimming pool)

Zinkens väg 20

117 41 Stockholm

Tel: +46 8 616 81 00

Fax: + 46 8 616 81 20

E-mail: mailzinkensdamm.com

Website: www.zinkensdamm.com

Långholmens Hostel (appr. 2km from the swimming pool)

Långholmsmuren 20

102 72 Stockholm

Tel: +46 8 720 85 00

Fax: +46 8 720 85 75

E-mail: vandrarhem@langholmen.com

Website: www.langholmen.com

Renstierna Hotel & Hostel (appr. 1km from the swimming pool)

Renstiernas gata 15

116 28 Stockholm

Tel: + 46 8 615 21 36

E-mail: reservation@hotelrenstierna.se

Website: www.hotelrenstierna.se

