

The artistic swimming section of Swimming Luxembourg invites you to the

28th SL Synchro Cup

International Competition



03, 04 and 05 May 2019

at the pool of CAMPUS GEESSEKNÄPPCHEN

January 2019

Place: Pool of Campus Geesseknäppchen
Boulevard Pierre Dupong, L-1430 Luxembourg

Organizer: Swimming Luxembourg
PO Box 576
L-2015 Luxembourg

Contact: Swimming Luxembourg
Carmen Tholl-Biewer
12a route de Wormeldange
L-7390 Blaschette

Email: tholl@swimming.lu

Entry form: on included form

Provisional Program: Friday, May 3rd Entry at 5.00 pm
Solo 12yrs and under
Solo 13,14 and 15 yrs
End of the first part at +-9.00 pm

Saturday, May 4th Entry at 8.15 am
Figure competition
Team Beginners
Duet 13,14 and 15yrs
Team 12yrs and under
Solo Juniors
End of the second part at +-9.00 pm

Sunday, May 5th Entry at 8.00 am
Duet Juniors
Team 13,14 and 15 yrs
Duet 12 yrs & under
Team Juniors
End of the competition at +-5.30 pm

Program may be changed according to number of competitors!!!

Competition Rules

Categories: Juniors (15-18 yrs) FINA-Junior Figure Groups
13,14 and 15 yrs FINA-Age Groups
12 yrs and under FINA-Age Groups
Beginners' swimmers who never competed in a competition before January 2019

Figures: see annexed list please

Pool: 50 x 25 m, depth 2,50 m

Free routines:	Juniors	2 Solos	2 Duets	1 Team
	13, 14 and 15 yrs.	2 Solos	2 Duets	1 Team
	12 yrs. and under	2 Solos	2 Duets	1 Team
	Beginners			1 Team

Time of free routines: FINA ASAG5 (including 10 seconds of deck movements)

	SOLO	DUET	TEAM
Juniors	2'30	3'00	4'00
13, 14 and 15 yrs	2'15	2'45	3'30
12 yrs and under	2'00	2'30	3'00
Beginners			1'30

(+- 15 seconds of tolerance)

Music: To be send not later than March 29th, 2019 to: tholl@swimming.lu (mp3 versions)
Please mention exactly:
Category, Club, Routine (Solo, Duet, Team), Competitor, duration of the music

Restrictions: Each competitor can start in only one (1) category
Swimmers 12 years and older can swim in a higher category
The figures and the routines have to be swum in the same age group
Each competitor must have a valid license.
The organizer reserves himself the right to close the inscriptions before deadline when the maximum limit of acceptance of swimmers is reached (in order of registration)!!

Judges: **For the whole week-end**
at least one (1) judge qualified per club
for 9 swimmers 2 judges
for 18 swimmers 3 judges
for more than 25 swimmers 4 judges

Secretaries: **For the whole week-end**
at least one (1) person per club
up to 12 swimmers two (2) persons per club
(mission: guide the girls into the water (clerk of course), write down the scores of the judges or time the routines)

Final entry: Friday, March 29th 2019 (postage or e-mail date)

Entry fees:

Figures/person	10.- Euro
Solo	10.- Euro
Duet:	12.- Euro
Team:	20.- Euro

The fees should be paid to:

Swimming Luxembourg
BIC Code: CCPLLULL
Account: LU17 1111 0043 4577 0000

Not later than Friday, March 29th 2019

The charges of payment are supported by the participating club!!
The registration is only valid after payment of the entry fee

Draw of figures: Thursday, April 25th 2019 at 2 pm

Information about drawn figures:

- on our website (www.swimming.lu)
- send by e-mail on request

Awards: Each category: medals for the best 3 free routines
Beginners: medals for the best 3 swimmers in figures competition

1 Cup: The cup will be attributed to the club who has totalized the maximum of points in final results in the best Solo, Duet and Team in categories Juniors, 13-15yrs and 12 yrs & under

Meals: Saturday evening and Sunday noon a meal can be ordered
Please fill in the annexed form (final entry Friday, April 5th 2019)
Price per meal: 12 Euro

During the whole competition we have a snack bar

Insurance: The organizer declines all responsibility in case of accidents, loss and theft of personal belongings

Accommodation: On your own charge
List of accommodation annexed

Yours sincerely,

Swimming Luxembourg
Artistic Swimming

Carmen Tholl-Biewer

With your entry form, please don't forget to attach
a group picture of your swimmers
to insert in our brochure

“28th SL SYNCHRO CUP 2019”
(available on our competition)