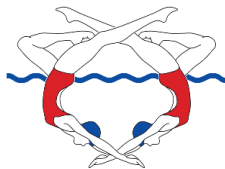
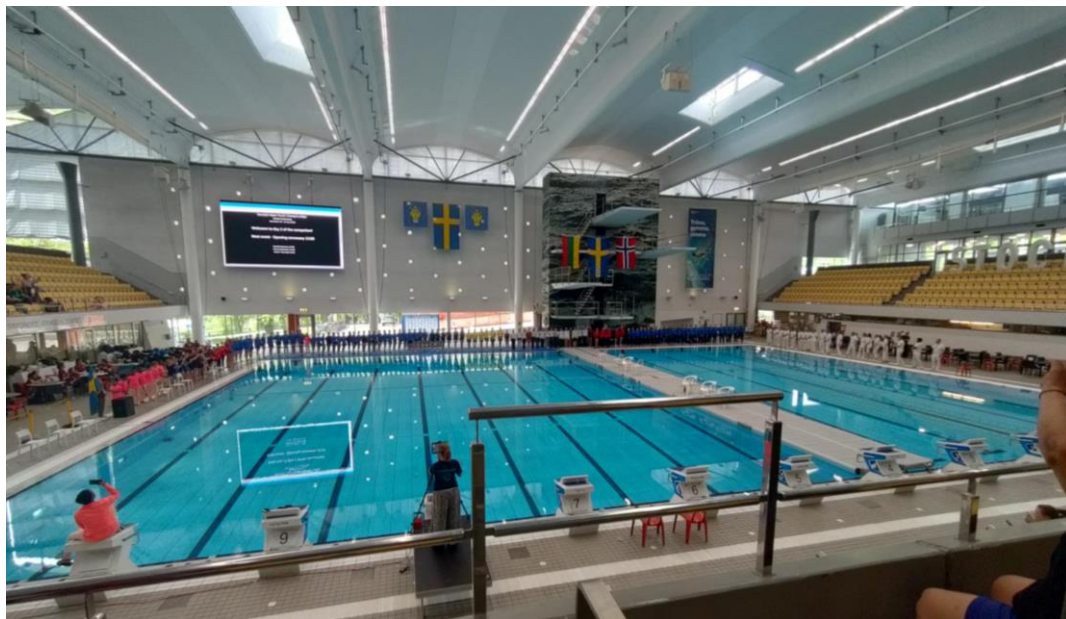




7 maj 2024



SK Täby Synchro



SWEDEN AQUATICS

**YOUTH NATIONAL ARTISTIC SWIMMING CHAMPIONSHIPS AND
YOUTH OPEN ARTISTIC SWIMMING CHAMPIONSHIPS**

10-12 MAY 2024

+46(0)10-476 53 00


svensksimidrott.se

Heliosgatan 3
120 30 Stockholm

Organisationsnummer
802002-9719



GENERAL INFORMATION

DATE	Competition: 10-12 May 2024 Training days: 9 May 2024
VENUE	 <p>Sweden National Arena for Aquatics sport Eriksdalsbadet Hammarby Slussväg 20 118 60 Stockholm SWEDEN</p>
CONTACT DETAILS	Event Manager: synchro.anmalan@gmail.com
OFFICIAL WEBSITE	svensksimidrott.se

COMPETITION INFORMATION

REFEREE	Ingela Ternström ingela.tabysynchro@yahoo.se
ASSISTANT REFEREE	Madeleine Hulander Jonasson madeleine.jonasson@svensksimidrott.se
CHIEF RECORDER	Maria Brogren synchro.anmalan@gmail.com

RULES	World Aquatics competition regulations (link) and Sweden Aquatics competition adjustments (link) will govern the championships.
PROTESTS	Protests shall comply with Swedish Swimming Federation Rules (protests). The protest fee is SEK 600 and shall be paid in cash or Swish.
START LISTS	Link to start lists are found here . The start order for all events are done automatically through the scoring program.
DRAW OF FIGURES	The draw of figures is done Wednesday 8 th of May 2024 at 09:00 AM by the Referee and Assistant Referee. The drawn figures will be posted on Sweden Aquatics website, here .
RESERVES	Changes of reserves shall be submitted to the Referee at least two hours prior to the start of the session.
SHOWING OF SCORES	Scoring during Youth Figures: Scores are shown by judges on score cards after each competitor. Scoring during music routines: Judges scores are shown on the score board after the routine has finished. The preliminary total score is presented on the score board after the next routine if time allows.
RESULTS	Link to results and detailed results will be posted here after each session and award ceremony is completed.
CEREMONIES	Please wear club or national team uniforms and shoes/slippers during the opening ceremony and award ceremonies. Line-up for opening ceremony in the corridor outside locker rooms, with clubs and national teams in alphabetical order.
COMPETITION AND PRACTISE POOLS AND RULES	Competition pool (pool A): 25m x 25m (3 m deep) Warm-up pool 1 (pool B): 25m x 15m (3 m deep) Warm-up/Cool-down pool 2 – lane 4 (pool C): 50m x 2m (1,9m deep) <ul style="list-style-type: none"> • No tapping is allowed at any time. • Pool A + B: Practise only according to schedule or after announcement by Referee. • Pool B: The lane closest to the cafeteria may be used for warm-up for competitors waiting for their start-number. No other use of Pool B is allowed while competition is going on in pool A. Non-compliance may result in disqualification. • See Annex for pool set up during competition. • Pool C is the 50-meter pool, located to the left when you walk out from locker rooms. • See competition schedule for which hours pool C is booked and can be used.
LOCKERS	Locker rooms 6-9 shall be used. Padlocks are needed for the lockers. Please make sure you put clothes, shoes and other belongings in the lockers as there have been thefts. Larger items can be stored by the competition pool, please contact the event manager.
SPECTATORS	There is no entry fee to the spectator area during the competition. Spectators are referred to the stands closest to the gym to get the best view of the competition.
STREAMING	www.aquatv.se Only music sessions will be streamed. More information TBC. It is important that all clubs/national teams inform their participants about the streaming. If there are any concerns please contact konstsim@svensksimidrott.se .

EVENT KEY DATES AND DEADLINES

Please respect all deadlines! Deadline for making changes to Coach Cards is two weeks prior to the start of the competition. Deadline for making changes to Music Files is one week prior to the start of the competition.

1 MAR 2024	Preliminary entries
14 APR 2024	Final entries
22 APRIL 2024	Late entries
26 APR 2024	Coach Cards submission
26 APR 2024	Music Files submission
9-10 MAY 2024	Official Training – with and without music according to schedule
10-12 MAY 2024	Daily Team Managers Meetings <i>All team managers are required to attend the Team Manager' Meetings or arrange for a substitute to participate. The meetings will be held daily in the conference room on the 2nd level close to the gym. Times are found in the competition schedule. Please be in time!</i>
10-12 MAY 2024	Daily Officials Meetings <i>All judges, DTCs and STCs that are summoned to participate in the championships are expected to attend the Officials Meetings the days they are judging. The meetings will be held daily in the conference room on the 2nd level close to the gym. Times are found in the competition schedule.</i>

SUBMISSION OF MUSIC

Music Files shall be submitted electronically via Google Drive. A Google Drive folder for each club or national team will be sent out by the event manager. Each file shall be clearly labelled according to the following examples:

team_free_junior_Neptun_2

solo_free_youth_Neptun_Kajsa Svensson

All coaches are highly recommended to bring a copy of the music as backup.

Only file formats of good quality and mp3/wav files are permitted.

SUBMISSION OF COACH CARDS

Coach Cards shall be submitted electronically via Google Drive. A Google Drive folder for each club or national team will be sent out by the event manager. Each Coach Card shall be clearly labelled according to the following examples:

team_free_junior_Neptun_2

solo_free_youth_Neptun_Kajsa Svensson

Only the current Coach Card version found [here](#) will be permitted for use during the championships.

REFUSAL OF ENTRIES

Please note that entries, Coach Cards, and Music Files must be presented in the format required and before the deadline. Entries that do not respect these deadlines and formats may be rejected. These regulations are specified to respect the organising clubs and officials to carry out their preparations in time.

LUNCH

Clubs/national teams who have ordered lunch will receive food tickets, to be presented when collecting the meals. Judges and technical controllers will receive food tickets at the Officials' Meetings. All meals are served at Eriksdalsbadet restaurant. Food for accompanying families and other audience is available in the restaurant at the lower entrance.

TRANSPORTATION

The most convenient way to Eriksdalsbadet is to take the subway to "Skanstull" (red line). After arrival, pass Clarion Hotel and walk down to the main entrance of Eriksdalsbadet.

Note that parking at Eriksdalsbadet is not free and may be restricted to maximum time limit.

MEDICAL INFORMATION

Basic medical services/equipment will be available during the competition at the venue in the doctors' room by the competition pool.

HANDLING OF GELATINE

It is important that we do not leave gelatine residue or hairpins in wash basins or any other surface in the toilets, showers, changing rooms or on the poolside. **Please make sure that you clean any gelatine residue after applying or removing gelatine (on both floor and other surfaces).** Please use the intended baskets. Team Managers are responsible for checking that their club/national team cleans up properly.

OTHER INFORMATION

Information about participation, qualification (Swedish athletes only) and accommodation is found in the invitation, [here](#).

COMPETITION SCHEDULE

Since there are many competitors, it is essential that the timetable is kept. Team Managers are responsible for their athletes to be on time.

MAY 9	15:00-18:00 18:30	Official Training – Practice in pool A+B with and without music Locker rooms and Competition Arena shall be empty / pool closed
MAY 10	08:00	Main entrance door opens for admission
	08:00-13:00	Official Training – Practice in pool A+B with and without music
	11:00-11:30	Team Managers’ Meeting
	11:00-13:00	Officials Meeting and Lunch
	13:15-14:10	Competition – Youth Figures (two panels)
	14:40-15:50	Competition – Junior Duet Free
	16:20-18:15	Competition – Youth Duet Free
	18:30	Locker rooms and Competition Arena shall be empty / pool closed
MAY 11	07:45	Main entrance door opens for admission
	08:00-09:15	Official Training – Wamp Up in pool A+B without music
	08:30-09:00	Team Managers’ Meeting
	08:30-09:30	Officials Meeting
	09:30-10:25	Competition – Youth Solo Free
	10:45-12:00	Competition – Junior Solo Free
	11:00-13:00	LUNCH Official Training – Wamp Up in pool A+B without music
	12:30-19:00	Warm Up in pool C is available
	12:45	Gathering before opening ceremony
	13:00	Opening Ceremony
	14:00-14:40	Competition – Junior/Youth Acrobatic Team
	15:20-16:10	Competition –Junior Team Technical
	16:50-17:50	Competition – Youth Team Free
	18:15	Award Ceremony
	19:00	Locker rooms and Competition Arena shall be empty / pool closed

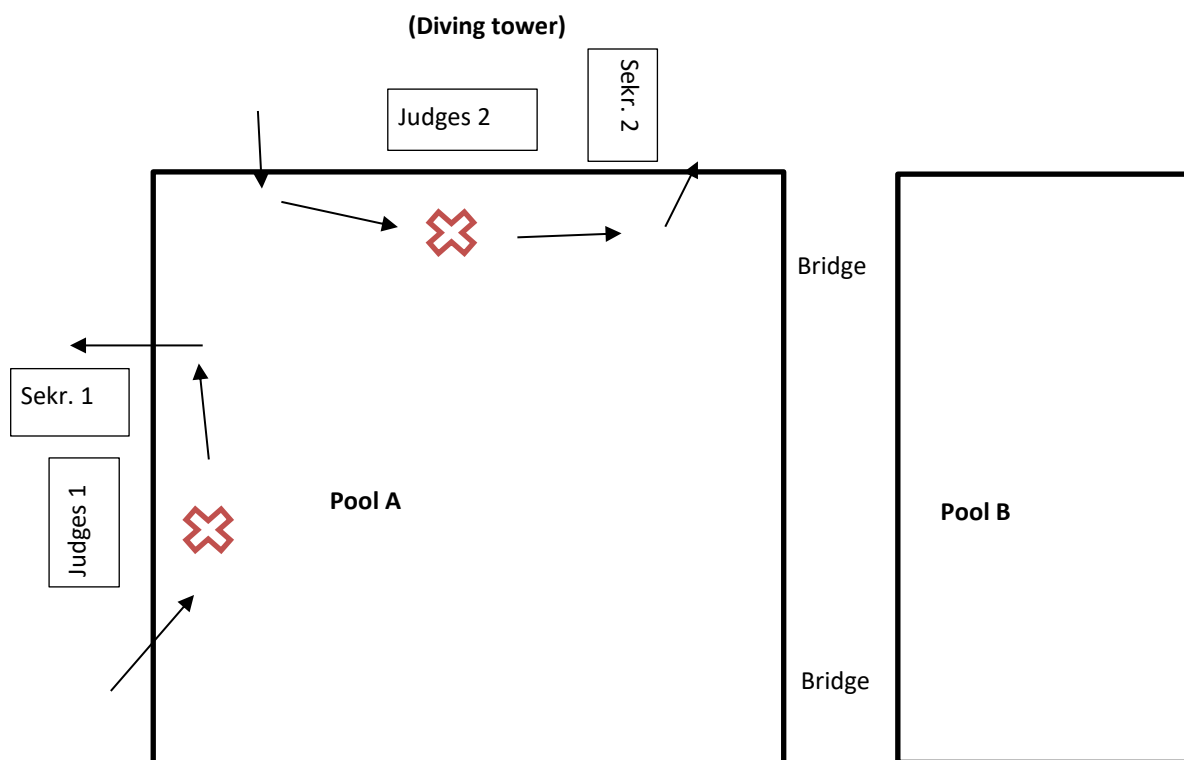
MAY 12	07:45	Main entrance door open for admission
	08:00-09:00	Official Training – Wamp Up in pool A+B without music
	09:00-14:00	Warm Up in pool C is available
	08:00-08:15	Team Managers' Meeting
	08:00-09:00	Officials Meeting
	09:30-10:20	Competition – Junior Solo Technical
	11:00-13:00	LUNCH
	10:40-11:10	Competition – Junior Duet Technical
	11:50-12:30	Competition – Junior Team Free
	12:50	Award Ceremony



SEE YOU IN STOCKHOLM!

ANNEX

Competition set-up for Youth Figures



Competition set-up for music routines

Start point for music routines at the window wall, stairs for leaving the pool at the left corner closest to the locker room 3.

Please note that the start area is at the same level as the pool surface.

